SOUTH AFRICA GENTLEMEN'S QUARTERLY NOVEMBER 2015 R48.00 (INCL.VAT) OTHER COUNTRIES R42.11 GQ.CO.ZA GQ MEN Johnny FEATURE Playing his way to the top Trevor The Bond girls and gadgets America's next Naomie Harris top comic? Tebello Motsoane AFRICA How to be cool Let's all go to Ghana in business DRIVE /lerc's Coupé DANIEL CRAIG AND NAOMIE HARRIS PHOTOGRAPHED BY RANKIN



3-6-9 hour markers

Explorer / ex • plor • er /: 1. A timepiece

born in 1953 from the first successful ascent of Mount Everest. 2. Hewn from a block of 904L stainless steel to withstand extreme conditions. 3. The characteristic 3-6-9 hour markers ensure easy reading of the time. 4. Its Chromalight hands and hour markers glow in the dark up to twice as long as standard luminescent materials. 5. Its self-winding Rolex movement delivers ultimate precision and reliability. 6. The embodiment of man's irrepressible need for achievement.

7. The Rolex Way.











Sold exclusively in Louis Vuitton stores. Johannesburg 011 784 9854 - Cape Town 021 405 9700 louisvuitton.com



LOUIS VUITTON



SAUVAGE THE NEW FRAGRANCE DIOT







- 83 / HUMOUR NICK CORBETT will be taking a break from think pieces until further notice
- 84 / BEHAVIOUR CLIVE THOMPSON on why being nice online makes you look less intelligent
- 86 / SEX LIOR PHILLIPS brings you a woman's guide to the rules of after-oral intimacy

Digital Edition



GET GQ ON THE MOVE.

Your quide to looking sharp and living smart - in digital form. Download the **GQ** Digital Edition from GQ.co.za/ pages/subscribe

88 / GQ Girl: ERIN HEATHERTON

America's favourite bombshell talks about life in LA, taking over the industry and why she's a sports fan

94 / Cover Story: DANIEL CRAIG **AND NAOMIE HARRIS**

GQ presents a celebration of the new James Bond saga Spectre plus the cars, gadgets and girls movie fans have come to love

100 / Special Report: LET'S GO GHANA

Jason Alexander Basson travels to Accra to experience a world of private tailoring and rising artists

106 / GQ Man: JOHNNY DEPP

Johnny Depp tells GQ how he accidentally got into acting and becoming the new face of Dior Sauvage

Style

- 113 / 50 Best-Dressed Men of the Year 2015 GQ presents SA's most stylish men
- 130 / Advice Deep-water watches
- 135 / Groomed How to wear a mask
- 140/ Fitness Boost your pecs appeal 142 / Health Get high to get healthy



143 / Directory Where to get it 144 / Last word How to escape small talk



GET 45% OFF

One year's subscription to **GQ** for **only R290.** Save R238.

> PHONE 0860-100-203 • EMAIL subs@ramsaymedia.co.za • WEB www.GQ.co.za

One year's sub (eleven issues) = R290 (normal price R528).

PHOTOGRAPHS BY TONY KELLY AND JASON ALEXANDER BASSON. PRODUCTION BY THANE BARNADO/FREELINK PRODUCTIONS



NEXT MONTH Chill out and lay back with our pick of this season's freshest hangouts, parties and style, as GQ presents The Summer of Cool. IN ASSOCIATION WITH GORDON'S GIN.



EDITOR CRAIG TYSON

CREATIVE DIRECTOR Aiden Steenkamp

DEPUTY EDITOR Nkosivati Khumalo

FASHION DIRECTOR Michael Beaumont Cooper

MANAGING EDITOR Colleen Goosen

GROOMING AND FEATURES EDITOR

Paul Sephton

COPY FOITOR **Nick Corbett**

DESIGNER

JUNIOR DESIGNER

Quasiem Gamiet

Cheswin Roman

SYNDICATION & EDITORIAL ASSISTANT

FASHION ASSISTANT

Megan Playton

Lay-Lah Salie

CONTRIBUTING EDITORS

Jason Alexander Basson (Fashion Features), Cavleigh Bright (Books). Evert Lombaert (Film), Dieter Losskarn (Motoring), Nadia Neophytou (Entertainment), Aléz Odendaal (Games), Eva-Maria Shuman (Editorial Executive – JHB)

CONTRIBUTORS

Zach Baron, Bart Blasengame, Charlie Burton, Bruce Cameron, Iago Davila, Alex Godfrey, Jonathan Goodair, Lior Phillips, Stuart McGurk, Michelle Mussler, Glenn O'Brien, Bill Prince, Clive Thompson, Caroline Veunac

PHOTOGRAPHERS AND ILLUSTRATORS

Matthew Beedle, Patrick Demarchelier, Sam Falconer, Tony Kelly, Byron L Keulemans, Arno Lam, Massimo Masini, Ben Riggott, John Rogers, Chris Slabber, Antonia Steyn, Adam Voorhes

ADVERTISING

ADVERTISING SALES DIRECTORS

Kerry Costa

Lorraine Bradley (JHB)

ADVERTISING SALES MANAGER Jacqui Erasmus (JHB) MANAGING SALES EXECUTIVE Stacey Calitz (CT) SENIOR ADVERTISING LIAISON Natasha O'Connor SALES REPRESENTATIVE ITALY Angelo Careddu (Oberon Media)

GROUP BUSINESS DEVELOPMENT DIRECTOR Abigail Jacobs

GO ONLINE - GO.CO.ZA

DIRECTOR OF DIGITAL Gillian Forbes DIGITAL CONTENT DIRECTOR Jason Alexander Basson **DIGITAL CO-ORDINATOR Thomas Castley** ONLINE ASSISTANT Viné Lucas

CONDÉ NAST INDEPENDENT MAGAZINES (PTY) LTD MANAGING DIRECTOR MICHELLE FENWICK

FINANCE AND CIRCULATION DIRECTOR Madge Little ASSISTANT FINANCE DIRECTOR Paul Myburgh EXECUTIVE & HR MANAGER Lee Clews PRODUCTION MANAGER Stefanie Wharton PRODUCTION/ADVERTISING COORDINATOR Jean Jacobs PRODUCTION COORDINATOR Geo Randall CIRCULATION ADMIN MANAGER Karen Shields SPECIAL PROJECTS AND EVENTS MANAGER Sarah Tuft PROMOTIONS EXECUTIVE Lauren Williams PROMOTIONS DESIGNER Kirsty Jardine FINANCE CONTROLLER Lucia da Aparecida, Marjorie Lotterie

ACCOUNTS EXECUTIVE Genevieve Johnson OFFICE & ADMINISTRATIVE CO-ORDINATOR Sharon van Schoor ADMINISTRATIVE ASSISTANTS Shamiela Johnson, Nicole Hendricks

DIRECTORS Dr Iqbal Survé Michelle Fenwick Madge Little Cherie Hendricks Takudzwa Hove **DEPUTY CHAIRMAN Elizabeth Rees-Jones**

CAPE TOWN HEAD OFFICE Condé Nast Independent Magazines (Pty) Ltd, 2nd floor, 220 Loop Street, Cape Town, 8001. PO Box 16414, Vlaeberg, 8018. Tel: 021-480-2300; Fax: 021-424-6222; Email: gq@condenast.co.za

JOHANNESBURG OFFICE Condé Nast Independent Magazines (Pty) Ltd, 2nd floor, The Star Building, 47 Sauer Street, Johannesburg, 2001. PO Box 1014, Johannesburg, 2000. Tel: 011-639-7100; Fax: 011-639-7169

REPRODUCTION Resolution PRINTING CTP Printers Cape Town DISTRIBUTION RNA, 12 Nobel Street, Industria West, 2093 Product Manager Jannie Junius, 011-248-3500

© 2015 Condé Nast Independent Magazines (Pty) Ltd. Copyright subsists in all work published in this magazine. Any reproduction or adaptation, in whole or in part, without written permission of the publishers is strictly prohibited and is an act of copyright infringement which may, in certain circumstances, constitute a criminal offence. 'The paper used for this publication is a recyclable and renewable product. It has been produced using wood sourced from sustainably managed forests and elemental or total chlorine free bleached pulp. The producing mills have third-party management systems in place, applying standards such as ISO 9001 and ISO 14001. This magazine can be recycled either through your kerbside collection or at a local recycling point. Log onto www.prasa.co.za to find your nearest sites







ISSNs: 1562-4366

ctter Editor

ELCOME TO THIS



Asalute to the suit

SPECIAL GQ BEST-**DRESSED MEN OF THE** YEAR EDITION - OUR TENTH. And to answer a common query about the

event: how does one get to be on the list? Ouite simply, we find you - 'we' being a panel of past winners, fashion cognoscenti and GQ editors. Each year we find 50 men who epitomise style. So does clothing define style? No - it's the other way round. Style comes first, in that it is something each must develop for himself, something that involves life experiences and choices. The awards are not about following trends because style is not the same as fashion. as we have stressed in GO for ten years and more. The best dressed among us are those who can convey their personality through their clothes.

A common thread that binds our winners, apart from having a good fashion sense, is their knowledge of the rules and an ability to bend them to suit themselves. It's this combination of knowledge, taste and style that sets them apart. Taste is about appreciating and combining clothes; style is more about how you wear them flair, in other words.

One last musing: this suit-wearing business has been around for a long time. Why has this particular item of men's



P. 113

fashion not been disrupted along with everything else? Turns out that clothes do maketh the man, mainly because a suit maketh a man feel a lot better about himself. Wearing one adds a sense of power and changes the way he sees the world - assuming he's looking in that direction. I wear a suit every now and then and whenever the occasion demands. I also wear trousers quite often, so let me celebrate the pants revolution. I'm bored of boring trousers. So are all the Best-Dressed Men of 2015. Salute!

Craig Tyson

Editor, South Africa's most stylish men's magazine

Meet GQ's Best-Dressed reader at GQ.co.za



GQ - 15 YEARS: November 2000 Cover no. 11 Charlize Theron introduces GQ's Men of the Year

Contributors



Matthew Beedle Photographer Pages 40 - 42; 130 - 133

Beedle is a London-based still life photographer. He has shot for GQ for over five years as well as many other international magazines. Still life photography has helped him appreciate the technicality of lighting, clean lines and patience in creating images that are bold, colourful and enhance the beauty of whatever he shoots.



Sarah Tuft

GQ Special Projects and Events Manager

Pages 113 - 129

As GQ's Special Projects and Events Manager, and the coordinator of this year's GQ Best-Dressed Men, Sarah Tuft's parties are probably better than vours. So how does she do it? Keep the tequila chilled, the quest list private and make sure the girls all look like Emily Ratajkowski.



Tony Kelly Photographer

Pages 88 - 92

Born in Dublin, Kelly began his photographic career at the UK's Independent Newspaper Group and spent his formative years covering people and places most of us never see, such as the civil war in Rwanda and the war in Afghanistan. His trademarks include sex, relationships and boundaries that are transgressed.



Cheswin Roman Junior Designer

Page 8 - 144

Cheswin graduated with a degree in graphic design from CPUT in Bellville, and puts his passion for typography and layouts to good use bringing a slick edge to the pages of GQ. When he's not considering glyphs and serifs, you'll find him spending time with his fiancée, often around the nearest braai.



Feedback*

WEBSITE: GQ.CO.ZA TWITTER: @GQDOTCOZA FACEBOOK: FACEBOOK.COM/GQSOUTHAFRICA MAIL: GQ@CONDENAST.CO.ZA GO ON THEN, SEND US A HAND-WRITTEN LETTER: GQ FEEDBACK, PO BOX 16414, VLAEBERG, 8018 Include your contact details



Dear GQ,

While reading Arthur Artwell's article on 'Why I won't start another startup', I chuckled and had a really warm feeling. Perhaps it had to do with the glass of wine I'd had.

Having been an entrepreneur for almost 10 years of my life with six failed ventures, I knew exactly what he was talking about: the 'pitching dens', business plan competitions, startup conferences and workshops, SMME networking events and innovation hubs. The filling in of application forms for startup grants and finance, begging for a desk and a chair at the SMME incubator workspace... none of those paid rent and put lights on at home. I remember very well a time after a business plan competition in Durban, when I had progressed to the second stage and had made it to the top three, only to come back home and find a lock on my flat (for the second time). I had run out of runway and bowed out on August 2014 with lots of respect for entrepreneurship.

So yes, Arthur, I also won't be starting another startup, I will be starting a big business.

- Samukelo Ndlovu

Samukelo has won an Obaku Denmark watch worth R2 595

Just read the interview with @iamtbotouch in the Aug. issue of @GQdotcoza. It's changed my perceptions! Let's import intellect!

import intellect!

– @MbusoSithole3

Twitter

-@Mbe_swa

@GQdotcoza is an exciting

magazine for any young man who seeks inspiration. #LewisHamilton is boss period!

- @SipheMazomba

@GQdotcoza gave me some

Last month's real insight on

@GQdotcoza had a feature on why you should never send a D picture.
Glad I listened.

gave me some real insight on the making of Mad Max: Fury Road. Which just makes me want to watch it again.

-@ThatDude Kea





Meet GQ's Best-Dressed Reader for 2015

See what he got up to on his day with GQ, find out what he thought of the Best-Dressed Awards and get a load of his five-day style diary.





Want your style to be featured on GQ?

Submit a five-day style diary online and have your looks moderated by GQ's style council.



Stay connected

- (f)

FACEBOOK

facebook.com/ GQSouthAfrica



TWITTER

twitter.com/ GQdotcoza



INSTAGRAM

instagram.com/ gqsouthafrica

A HUGO BOSS FRAGRANCE HAMPER WORTH R2 370

Understanding every aspect of a man, Hugo Boss has crafted two new fragrances to accompany every expression of style. Boss Bottled Oud imposes a bold amber fougère, striking a daring place in the world, while Boss The Scent's intense leather accords hint at a secret, seductive facet of masculinity.

TO ENTER

Send us feedback on what you've seen in the mag/online (max. 150 words) along with your full name, ID number, and name of the prize as the heading/subject. Competition ends 30/11/15. Terms and conditions apply; see pg143.





Elegance is an attitude

Simon Bake



CONVERSE FROM SNEAKERS UP

Available at selected retailers.



CONVERSE









PERFORMANCE WITHOUT THE GUILT.





NEW JAGUAR XE. THE SPORTS SEDAN REDEFINED.

XE's new Ingenium engines have the power to satisfy your cravings and your conscience. Take the turbocharged 2.0l Diesel – it delivers an impressive 132kW with 109g/km $\rm CO_2$ while only using 4.2l/100km. Performance has never been so sensible.

JAGUAR.CO.ZA or visit your nearest dealer.













The Lexus Slide hoverboard

runs on actual science

Words by Nick Corbett

Il hail the arrival of a cult icon - and right on time too. The blogs and forums and hopes and dreams of every Back to the Future fan came true on 21 October 2015, the date on which the film's iconic hoverboard chase went down. Less fiction and more complicated science, the hoverboard doesn't run on witchcraft: this mag-lev board uses a closed system of superconductors, much like the technology used in Japanese bullet trains. Liquid nitrogen puffs out the sides every now and then, keeping the superconductor material inside the sleek bamboo and carbon-fibre board at a cold temperature (and making it look pretty spacey, too). And according to the complicated laws of Japanese-car-brandelectro-mag-physics, a cold temperature is needed for the material to react to a magnetic field generated by magnets that are cleverly hidden in the ground.

Sadly, this means you won't be able to hop on anywhere unless you've found a skate park with reams of magnets beneath the concrete. Even sadder? The board isn't going into commercial production and is instead rumoured to be part of an ad campaign for a future Lexus model. Back to the drawing board, then. @



TIME FOR ULTIMATE MOMENTS



Baldessarini

SEPARATES THE MEN FROM THE BOYS



Scent forward

Cristiano Ronaldo tells GQ about his debut fragrance

GQ: What led you to create vour own scent?

Cristiano Ronaldo: Creating my own fragrance is something that I have always dreamed of doing. I believe you can really tell a lot about a person from their scent and that everyone should have a signature scent, so I wanted to create something that's timeless and can be worn every day.

GQ: How involved were you in the development of the fragrance?

CR: I was very hands-on in the making of the scent. I knew exactly how I wanted it to smell - luxurious and exotic. I worked closely with the perfumier to select the notes; lavender, apple and cinnamon being the most powerful.

GQ: Why did you choose these particular notes?

CR: I wanted to create a fragrance which smells rich and luxurious but not at all overpowering.

GQ: What do you like about fragrance?

CR: Scent is very powerful it creates an instant first impression and has the ability to totally transform your mood.

GQ: What were the important factors?

CR: Of course the scent was the most important factor when creating my fragrance, but I also really wanted to make sure that I created a fragrance which lasted

all day - or night. I hate it when you spray fragrance and within a couple of hours the smell has completely disappeared.

GQ: Describe your grooming routine.

CR: I really enjoy the luxury of having a wet shave and a hot shower. If I have a big event, then I enjoy taking more time to get ready. Once I'm dressed, the last thing that I do is spray fragrance, as that's the finishing touch to my grooming routine.

GQ: What outfit do you feel best in?

CR: I wear casual or sports clothes most of the time, so I like it when I get the opportunity to dress up smart. I always feel good in a crisp shirt and a tailored suit.



Cristiano Ronaldo Legacy EDT 100ml R1 130*

Get your hands on these multipurpose products to save time and dollar





and a completely

skin-friendly formula.

Human+Kind Body Wash champion of the shower covers you in good clean suds,

Clarin's microspheres and natural lava powder to exfoliate.

soap-free cleanser has salicylic acid a cologne. First prize?

Save time by opting for a premium designer deodorant stick that's based on

Chanel, of course.

Chanel Bleu

Treat ingrown

hairs, soothe razor burn and refine your beard with this gem from Lab Series. 🔀



#RememberSenna



TAGHeuer

SWISS AVANT-GARDE SINCE 1860

TAG HEUER CARRERA CALIBRE 1887

Ayrton Senna is celebrated as the most influential driver in the history of Formula One. He was never intimidated by the expectations of others, because his were even higher. He forever embodies the TAG Heuer motto – Don't Crack Under Pressure.



HOW BRANDS REBRAND

Logos are getting slicker quicker

Words by Margaret Rhodes

► IT TOOK APPLE 22 YEARS TO DEVELOP THE SIMPLE. ICONIC LOGO YOU KNOW AND LOVE TODAY. Now tech startups evolve their branding in 22 months, going simpler, faster. From Airbnb to Snapchat, companies are racing to create sleek, name-free logos that are still instantly recognisable. Oh, and now they have to be readable on a 1.5-inch smartwatch. Witness the rapid weight loss.

The company launched as AirBed&Breakfast in 2008, then rebranded as Airbnb, then ditched that logo for the Bélo, which reminds many of an intimate body part.

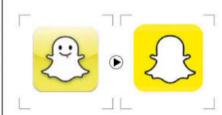


Running a complete overhaul of its brand identity in 2011, the local arm of parent company Vodafone ditched the blue and green and its globe for the corporate red.





Like many startups, Spotify launched with a jangly, collegiate logo. In 2013 the music-streaming company simplified it to a green circle encasing three lines, evoking a speaker.



Ghostface Chillah used to have a face. A 2013 update featured him without his mischievous arin. The founders explained: 'It's because you are the face of Snapchat.' Boo.

Netflix

Back when Netflix was a DVD-by-mail service, it had a 3-D shadowed logomark. In 2014, Netflix dropped the third dimension. Minus points for still being the company name.



The file-sharing company has always used a blue cardboard box you know, 'storage'. The box used to appear in 3-D, but in 2013 the company switched to an opaque blue box.

PayPal has re-launched its identity five times. Designer Yves Béhar worked on the 2014 refresh, introducing the two-tone double P, which fits snugly into a square app button.



Twitter's first logos were cartoonish. In 2012, it trimmed the feathered monochrome-blue bird's plumage for a cleaner, simpler silhouette.



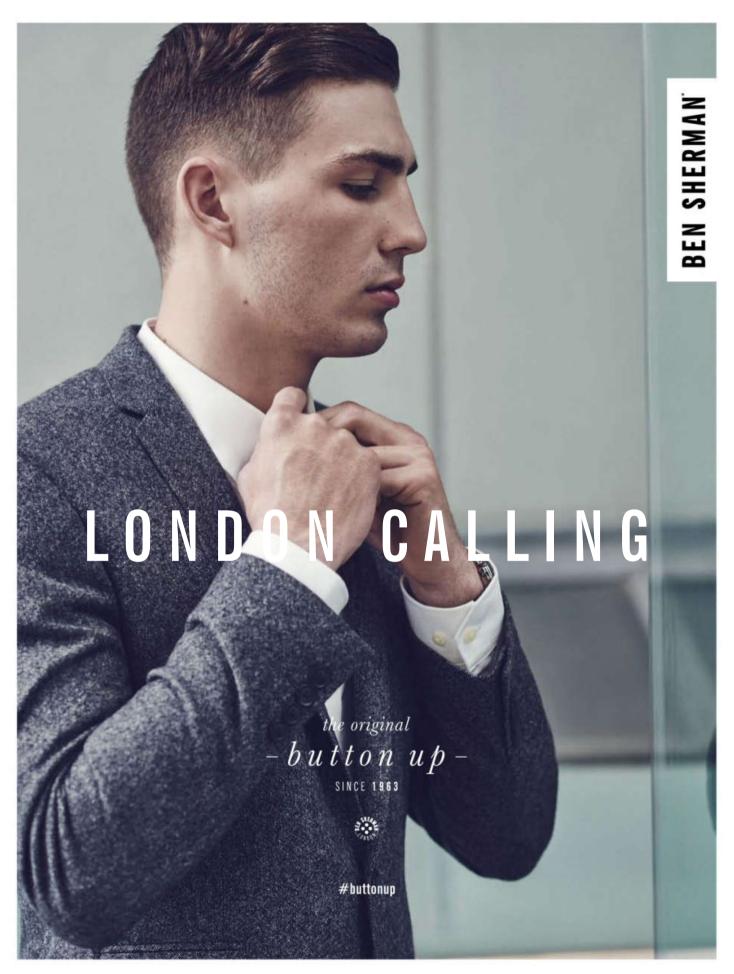
After 17 years (we can't believe it either), the tech giant refreshed itself, and animates its colours differently depending on how and on what platform you're using it.





GQ

This magazine had its humble beginnings in 1931 as Apparel Arts, a fashion trade magazine, evolving into Gentleman's Quarterly in 1958. GQ South Africa celebrates its 15th birthday this year, and is one of 20 editions worldwide.



THE SHORT RUN

Your comprehensive guide to the how and when of shorts

Words by Jason Alexander Basson

hen the weather warms up and you're looking for a sweat-free addition to your outfit, nothing says summer quite like shorts do. Even though they've received a bad rap over the past few years – from three-quarters to budgy smugglers – the humble short can give your look a smart-casual edge. Our guide to keeping it brief will have you looking good in no time at all.

SMARTY PANTS

Most of you will be familiar with formal shorts, but for those who aren't you will recognise these for their more tailored fit and formal detailing around the placket front and waistband. Some will be cuffed, but a clean hem is also an option.



The smart and meticulous way

You're probably no stranger to the concept of the short suit, but this season it's an essential. It's a great way to build a more traditional layered look in the heat smart on top, but cool and leisurely down below. It also aives vou some versatility in terms of styling and for achieving varying degrees of formality in a look: basic with a formal short and shirt; shorts, shirt and blazer with a tie; and with a waistcoat or formal cardigan.

Studio W at
Woolworths jacket
R1 499, waistcoat
R499. Pringle of
Scotland shirt R1 150.
W Collection at
Woolworths shorts
R499, tie R250.
Obaku at CJR Gift
Sales watch R1 795.
Trenery belt
R499. Woolworths
shoes R999

How short is short?

This season the look is higher and more fitted. Don't stress. It's not tight or testicular by any means, but the hem of the shorts should fall just above the knee. This applies to all looks, with the exception of swimwear, which is trunk length (so even shorter).

MANUAL ESSENTIALS

Outdoor/active

You'll want to get a pair of denim shorts – not just for the utility, but for the endurance. These rugged buggers will outlast most others and handle stains, rough terrains and adventurous activities, all the while gaining character. They're also breathable.

Replay shirt R2 300. Topman shorts R499. Replay cap R750, belt R1 500, bracelets R750 each. Sterling at NWJ Fine Jewellers watch R1 999. Replay sneakers R1 900. Woolworths satchel R999



The weekend bag

Match your comfort and utility with a military-inspired canvas weekender or duffle bag. Being so durable, it easily doubles up as a beach bag, too.

Pringle of Scotland cardigan R1 150. Woolworths T-shirt R499. Pringle of Scotland shorts R949. RE at Woolworths belt R299. Daniel Klein at CJR Gift Sales watch R695.

Trenery shoes R999, bag R1 299



The semi-formal cotton-blend shorts are all about form and function, which makes them the perfect choice for a weekend away. They're smart enough to go for a lunch on a wine estate, but casual enough to give you the feeling that you're having a break. They're easy to pair and comfortable enough to travel in without causing too

Topman hoodie R649, vest R229, shorts R499

many wrinkles.





ESSENTIALS MANUAL

Throw in the towel

News flash - your towel should be included in your fashion and style considerations. An old bath towel is not okay. Why not swim in a old pair of boxers while you're at it? There are a number of beautifully designed pieces out there that can add volumes to your beach style. Also, consider that beach or swim towels are meant to be visual.

Ben Sherman shorts R2 200. Towel, stylist's own.

SUN OF A BEACH: YOUR SHORTCUT TO PUNCHY, SOPHISTICATED BEACH STYLE

Lounge lizard

Whether reading the paper, watering the garden or lounging by the pool at home, there is no excuse for a man of style to be fumbling around in his boxers when he could style the look up with a classic printed pair of swim trunks, worn leisurely with a tablecloth-print shirt. It's sexy and effortlessly chic.

Trenery shirt R899, shorts 540



Bring the bucket

Caps are conventional and wide-brim sun hats can look a bit too over the top. A bucket hat is the perfect fashion-focused beach-appropriate head gear. It's a South African classic and comes in a number of exciting contemporary motifs.

Woolworths

bucket hat R199

The Hasselhoff

You probably want to avoid wearing a plain red-coloured pair of trunks in case somebody mistakes you for a lifeguard, but bold single-tone swim shorts can actually offer the illusion of an enhanced body shape. This length is great for most body types, too.

TIP

A bucket hat is a fashion-focused, beach-friendly and South African classic



Superdry R1 199



Ted Baker R1 199



SHORT CHANGE: FASHIONABLE YOUR EVERYDAY Wear

Going for culture

Give your style some flair through a few more sophisticated styling details. A summer scarf is a great way to add a pop of colour without weighing the look down. A Panama hat makes the whole thing look more laid back, while the denim jacket roughens it up around the edges.

Topman denim jacket R999. Ben Sherman shirt R1 299. Trenery shorts R699. Studio W at Woolworths scarf R180, belt R275. Daniel Klein at CJR Gift Sales watch R695. **Country Road** shoes R900. Woolworths

hat R200

You can achieve sensational effects by pairing classic prints. The best thing to do is keep it all in the same colour and print scale, like blue and white, check on check, and so on. You can either contrast the print in reversed colours or pair an oversized print with a smaller one of the same style.

36 GQ.CO.ZA NOVEMBER 2015















WORDS BY NKOSIYATI KHUMALO, PHOTOGRAPH BY GAVIN KLEINSCHMIDT, CREATIVE DIRECTION BY AIDEN STEENKAMP, GROOMING BY DIANA ASHERSON AT ONE LEAGUE

Maintain your vision

Big-picture thinker Nkosinathi Gcaleka dares to deviate

If there were ever an example of a born entrepreneur, it'd be the man you see here. As the owner of Cape Town's Mabooze City Liquor, Nkosinathi Gcaleka has business in his blood. 'My grandfather was a very good businessman; I gained a lot from him. I worked throughout university; every time there was an event, I set up a boerie roll stand.' Since then he's worked in everything from sales and HR training to finance and retail.

When it comes to starting your own

business, he says, 'Commit. You must be able to sacrifice. Know that you're not going to see profits at the beginning and be prepared to lose. If you're not prepared to lose, stay employed.' Even when losses turned into wins. Gcaleka reinvested. forgoing flash ('I bought property instead') for focus. 'The key thing in retail: you have to be on the floor to understand what your customers want. Sitting in the office and looking pretty won't work. Interaction helps you tailor the business to your customers' needs.'

More so, don't be intimidated. 'Even the big brands were once small, built by normal human beings just like us. It's not impossible. I'm building my brand, and with the assistance of my mentors, it will get there.'

It's the same pioneering spirit that makes Glenfiddich the world's most awarded singlemalt whisky – fusing a strong, maverick heritage with creative excellence.

glenfiddich.com/za



2 PURE CONNECT BY JONGO

Jongo has come up with a good set of speakers, which adjust their sound for portrait or landscape orientations. We liked the option to run the smaller speaker off an internal battery, should a pool party demand it, and were impressed by the

Win: Bluetooth compatible Fail: Clunky set-up process

THE BREAKDOWN	Sonos	Pure Connect by Jongo	Music Flow by LG	Spotify Connect by Philips	All Series by Panasonic
Number of speakers	Three	Four	Three	Two	Two
Soundbar?	Yes	No	Yes	No	No
Smallest speaker size (w x d x h)	20 x 120 x 161mm	131 x 139 x 135 mm	125 x 115 x 175 mm	298 x 108 x 175 mm	248 x 155 x 131 mm
Smallest speaker weight	1.85 kg	1 kg	2.2 kg	1.36 kg	2.5 kg

3 MUSIC FLOW BY LG

stored on (rather than streamed from) Bluetooth and NFC enabled, has a deep

Win: Full sound Fail: Slow app



SPOTIFY CONNECT **BY PHILIPS**

entry-level. From R4 672, philips.co.uk

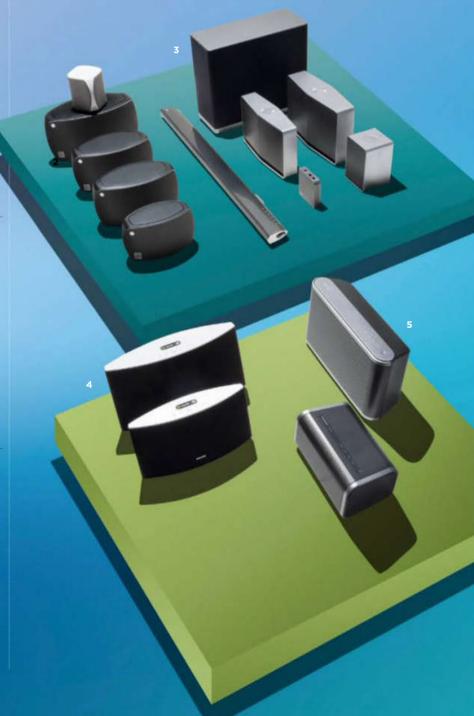
Win: Bang for your buck Fail: Only streams from Spotify



5 ALL SERIES BY PANASONIC

Although the sound is fine, this was the least remarkable product of the group. The range of speakers is small and their design - although we liked the 'touch' buttons - seems to owe something to a shoebox. Most pressingly of all: what's up with the app? It kept crashing and when trying to change the volume it was easy to inadvertently select a different screen. From R36 400 panasonic.com

Win: Easy to set up Fail: Unreliable





this
is
when
modeling
comes
in
handy





ART AT ARRIVALS

Less bird and more plane, a 70-ton sculpture lands at Heathrow's new terminal, courtesy of **Richard Wilson**

Words by Vanessa Quirk

easuring 78 metres and weighing in at more than 70 tons, *Slipstream* is Europe's longest permanent sculpture. This ambitious artwork dominates the vast atrium of Heathrow International's new Terminal 2 Covered Court.

Slipstream is the work of British sculptor Richard Wilson, who previously filled a room at the Saatchi Gallery with oil for his 20:50 installation and balanced a bus on the roof of Bexhill's De La Warr Pavilion for Hang on a Minute Lads, I've Got a Great Idea. His latest sculpture's shape represents the path of a Zivko Edge 540 stunt aircraft moving through the air.

'I was looking for a small aeroplane that could spiral and cartwheel through space,' says Wilson. 'The tumbling generates a continuous form.'

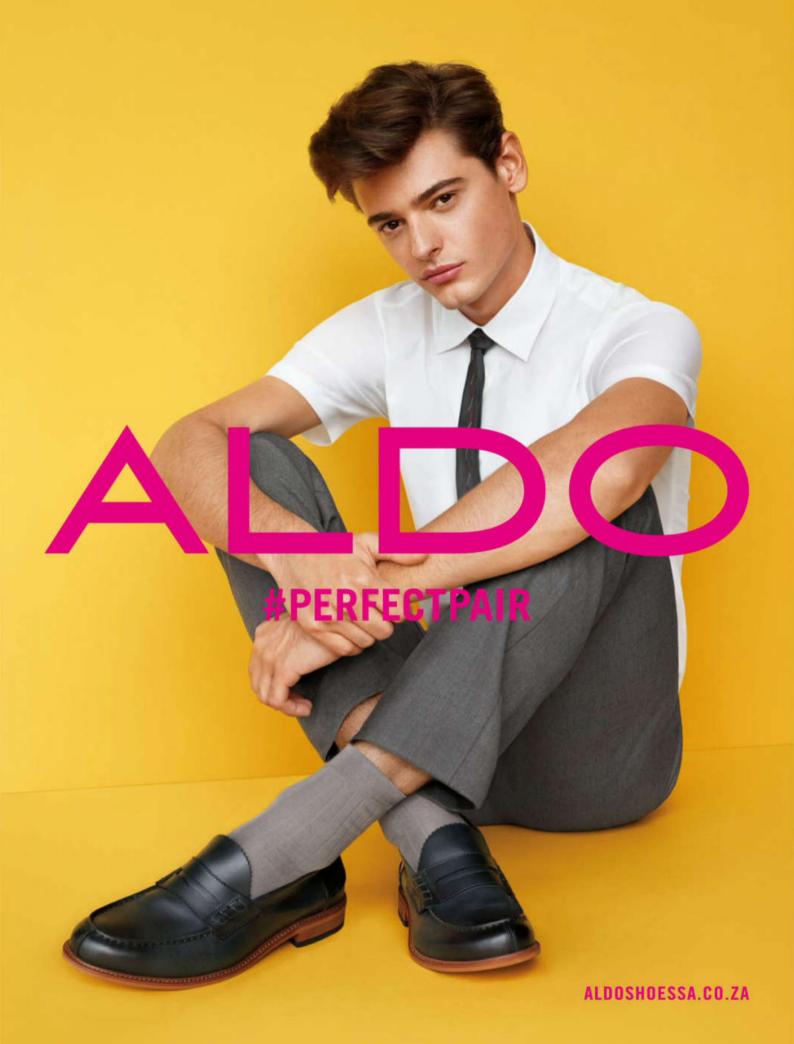
Wilson consulted London-based structural engineers Price & Myers, who used aeronautical software to simulate an aircraft's movement and assess how the piece could be hung from the court's four slender columns. The solution: to design the sculpture as a bridge. 'To span between

four columns 18 metres apart, you've got to make sure it doesn't fall or sag,' says Wilson.

He then joined forces with Commercial Systems International (CSI), which visualised, prototyped and crafted each of *Slipstream*'s undulations off-site, assembling thousands of components into 23 transportable cassettes. These were then suspended in place and 'bolted together within millimetre accuracy', explains CSI designer Maarten Kleinhout. 'Each one weighs about four tons – the same as a large car.'

Kleinhout says such a structure would have been impossible to create 10 years ago. 'The software to visualise something this complex has only been around for five or six years.' richardwilsonsculptor.com

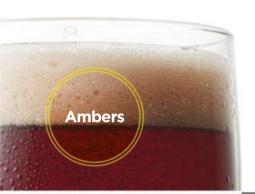
'I was looking for a small aeroplane that could spiral and cartwheel through space. The tumbling generates a continuous form'



IT'S GETTING CRAFTIER

Fruity esters, roasted malts and hoppy hops you can order online

Words by Paul Sephton



'TIS THE SEASON TO START FEELING A BIT MORE FESTIVE. and what better way to do so than with a cold one in hand next to the pool? Here five brewers give us the lowdown on some local craft beers that offer an alternative to the ever-present lager.



'Roasted malts give amber ale its rich amber colour, and a solid malt foundation. Expect flavours of caramel and toffee to come through. Moderate citrus, pine and resin hop aromas are present to balance out this awesome malt-forward style.'

- Ross McCulloch, Jack Black co-founder



Red Sky Tweety Bird Amber Ale



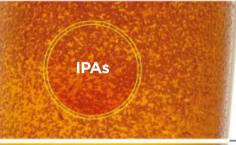
 VonB Southern Copper Ale



Emerald Vale Chintsa Amber Ale



Wild Beast Amber Ale





'Hops is the lead in an IPA. It flavours beers with a bitter effect at high temperatures, and floral or fruity notes at lower temperatures. In a true IPA, there should be a heavy addition throughout the brew, with a predominant hop aroma and exaggerated hop flavours. The bitterness will linger and sustain.' - David Coleman, Riot Beer



Brewers & Union Friday **Uber IPA**



Riot Beer Valve IPA



■Devil's Peak Kina's Blockhouse IPA



 Big City Brewing Company City Street IPA





'I brew an English pale ale, which differs from the newer American pales in that the latter tend to be more hoppy and stronger at five to six per cent, while English pales sit around 3.5 to 4.5 per cent and are more malt focused and balanced. UK pales can range from copper to darker colours, so it's best to get to know the brewer's take on it before assuming anything.' - Fraser Crighton, Fraser's Folly founder and brewer



■ Robson's Durban Pale Ale



Two Okes African Pale Ale



Fraser's Pale Ale



Jack Black **Butcher Block** Pale Ale





'Saison (meaning season in French) is a beer originating in the Wallonia region of Belgium. It's a pale ale, generally characterised as spicy and fruity with a mild yeast character and a medium bitterness. It's often very complex, with a refreshing light palate and a high level of carbonation.' - JC Steyn, Devil's Peak Brewing Company brewmaster



Devil's Peak Silvertree Saison



Urthel Saisonnière



Smack Republic Maboneng Mayerick Saison

All beers available at league of beers.





'In general you have three types of Hefeweizen or yeasty Weissbier. One is neutral, one is yeasty and the one we prefer is the fruity version. Our Amber Weiss is mashed in the brewhouse and fermented in the cellar at temperatures which encourage the yeast to produce plenty of fruity esters.' - Wolfgang Koedel, CBC Brewmaster









■Boston **Breweries** Johnny Gold Weiss Beer



IT'S MY TIME.



ESSENTIALS | TASTE



The dog days of summer

Where to get the all-American experience right here in SA

DIE WORS ROLL

• 021-883-2808 dieworsrol.co.za

The concept: Spotted around the Western Cape, Die Wors Roll food truck comes from a vision to create something fun and relatively easy to manage, with the biggest emphasis being on really great local food.

The dog: A 22cm-long local pork sausage, homemade ketchup, family recipe mustard and a soft toasted roll, with a side of thrice fried fries.



THE GREAT DANE

The concept: A melting

• 5 De Beer St. **Johannesburg** 011-403-1136

pot for the new Africa, with an eclectic mix of cultures who flock to this bar for its unique decor, original cocktails, gourmet hotdogs and all-round good vibe. The dog: The Topdog: a Frankfurter, deep fried capers and tangy lemon mayo, topped with a soft boiled egg in a toasted roll.

BAGUETTE BICYCLE

072-961-5743 baguettesandwiches.wix. com/baguette

The concept: An imported bicycle stand roaming the Cape, institutionalised at events like First Thursdays, and selling all things bread, but most famously their hotdog.

The dog: A grilled foot-long Frank with gherkins, Dijon mustard, sauerkraut, chilli mayonnaise and tomato sauce, inside a hot pretzel.

THE POWER & THE GLORY

• 13b Kloofnek Road, Tamboerskloof, Cape Town, 021-422-2108

The concept: This coffee shop and eatery becomes a thriving bar by night, with hotdogs so popular that they've started serving them up at the Oranjezicht City Farm Market.

The dog: Chilli Con Carne: a pretzel roll with a Frank, pickles, chipotle mince, sour cream and fresh coriander.

D O W N THE HATCH

By Christian Eedes

The best **Bordeaux**

The ultimate South African special occasion reds have long been **Kanonkop Paul Sauer and Meerlust** Rubicon. What makes them special? They are variations on the blend made famous by the French region Bordeaux - austere Cabernet Sauvignon blended with fleshy Merlot, with perhaps Cabernet Franc, Malbec and Petit Verdot also playing a role.

The question must be asked if local Bordeaux-style reds still rock? Hipster district Swartland has made Shiraz/ Syrah and other varieties associated with the Rhône (such as Grenache and Mourvèdre) its own and given Cab and Merlot the brush-off as being old school.

However, the winelands are nothing if not diverse - and there are plenty of winemakers who you wouldn't exactly call slaves to fashion. Here are three Bordeaux blends that don't just rock, but shred:



Dombeya Fenix 2010, R110

Ripe blue and black berries, a hint of mint plus some vanilla on the nose. Big and bold - sweet fruited but not without freshness, and both the extraction and oaking are well judged.

Diemersdal Private Collection 2013, R125

Very expressive on the nose with notes of red and black berries, violets and bramble. Medium bodied with good freshness, fine tannins and a lovely tension about it.



Zonnebloem Laureat, R95

Full-bodied, with a palate that follows through from the nose, with strong red berries, plums, dark chocolate and well-balanced tannins, GO



earned gold medals

at the 2015 National

Beer Trophy

- ► Aegir Project Red Rye
- **Brauhaus am Damm** Dunkel
- Brauhaus am Damm Weizen
- Ceder Brew The Chubbyhead
- Drifter Brewing Co. The Cape Town Blonde
- ► Gallow Hill Stride Wide Barrel Aged Baltic Porter
- ► Harfield Beer Co. 1831 Honey Amber Ale
- Mountain Brewing Co. Cape Kraken Belgian Amber Ale
- Red Sky Rauch Beer
- Sabie Brewing Co. Dravidian Draught Indian Pale Ale
- Striped Horse Craft Pils





ONE LIVE THEM

When you bring a poet, a jock, a diplomat and a speaker together, you get Mayihlome Tshwete. A product of the changing times, Mayi, like his peers, lives a multidimensional existence, which is no longer a life path, but a lifestyle. Dubbed the slash generation, these individuals live a life between slashes – work / play / hobby / desires – and know that real fulfilment comes from realising all of their talents.

Rémy Martin recognises this generation of men and salutes them.

These are men who are not defined by one thing that they do, but all that they do. Those who meet new people, go to new places and try new things. Those who live many lives.

Take Mayi for example, known for his role as a slick and smooth-talking government spokesperson, but there's more to him than initially meets the eye. As well as a solid career in communications, he's a published poet, dabbles in political analysis as well as painting and writing. And if that wasn't enough, he considers himself an idealist and activist for change. It may sound exhausting just reading all of that, but as a Rémy Martin man, Mayi takes it all in his stride. He's got this.

We like how he puts it: "You are a product of your environment. The more diverse it is, the more empowered you are. I have taken inspiration from a number of different lives and encompassed them within my own."

Mayihlome Tshwete.

SPEAKER / DIPLOMAT / POET / JOCK

Keep a look out for some of the other men that Rémy Martin recognises and admires over the coming months.

Why be one thing when you can be many. You only get one life. Live them.

Not for Sale to Persons Under the Age of 18.

нио N \mathbf{E} N \mathbf{D} \mathbf{R} 0 M Ι G I N S I G H \mathbf{T} 0 F ILE O N Ι N \mathbf{R} Ι 0







omen, children. members of the LGBTQIA community and people of colour are enjoying more visibility today than they have had in recent history. Vegan feminists are no longer tree-hugging hippies; they wear suits and go to gym after a long day at the

JSE. It's evident that people are engaging with complex social issues and a great, if not surprising place to see this working itself out is the gaming industry.

By making games more inclusive, game developers and journalists are generating debate around the role of women in titles. And it's blowing up.

Levels of representation

It is often difficult for members of a privileged or often-represented group to see why diversity in media is important. We take it for granted that He-Man's strength and ability to overcome evil is something that easily translates to those who don't have hopes of ever looking like He-Man. But, if the same roles are always played by characters who look a certain way, we begin to think that specific roles are exclusive to some groups. It's a limitation. It's time for video games to level up.

LVL 1

Lead characters and most non-plaver characters are clones of Clint Eastwood circa 1966 - only with more muscles, and much paler skin. If women are present, they are often treated with extreme violence in order to further or hinder the interests of the main character. Erotic inclinations are restricted towards the opposite sex, or a really nice weapon. Common sense and a time machine might help these titles to LVL 2.

GAMES LIKE

- Grand Theft Auto V (2014)
- Dante's Inferno (2010)
- Red Dead Redemption (2010)

LVL 2 XP 500

Characters of all shapes, colours and sizes are introduced or made available. However, no plot alterations are necessary among categories as all races, gender types and sexual orientations are assumed to share the experiences of a 'neutral' position. >>



'Neutral' often denotes the experiences of an older, white male, LVL 2 is characterised by presentation without representation; a colour-by-numbers check-list. Developers stuck on LVL 2 often brag about 'strong female characters', forgetting that women are more inclined to enjoy a personality that isn't easily summed up with a single adjective. Open, honest and constructive criticism is necessary to reach LVL 3.

GAMES LIKE

- Batman: Arkham Series (2013 2015)
- Fallout 4 (2015)
- The Witcher 3: Wild Hunt (2015)



LVL 3 XP 1 000

A large portion of the lead characters are women, people of colour, and/or members of the LGBTIQA community. Narratives are crafted from the real-life experiences of these groups, and contribute to fostering an inclusive, questioning gaming society. This LVL is also home to games using character creation limits to discuss rather than silence issues of racial prejudice, like Rust (2013). Few-to-no AAA titles have reached this level, but great strides are being made in the indie genre.

GAMES LIKE

- And Maybe They Won't Kill You (2015)
- Depression Quest (2013)
- Broken Age (2014)

FEUDS

Attitude problems

It's already causing infighting, but what else would you expect from the NWA docudrama Straight Outta Compton? Theirs was a band defined by feuds, the most notorious being Dr Dre and Eazy-E. We mined the stats on the pair's diss records - The Chronic and It's On (Dr Dre) 187um Killa - to find out who won.

DR DRE

UNIQUE WORDS

VERBAL PROWESS

EASY E

OF WORDS ARE **PROFANITIES**

TRASH TALKING OF WORDS ARE **PROFANITIES**

4 686 754 TOTAL LAST.FM SCROBBLES

POPULARITY

856 302 TOTAL LAST.FM SCROBBLES

OF HIS SYLLABLES **RHYME**

SPITTING RHYMES

OF HIS SYLLABLES RHYME

SIMILE COUNT

'Musta thought I was sleazy/Or thought I was a mark because I used to hang with Eazy.'

('Fuck Wit Dr Dre')

OH SNAP!

'All of a sudden Dr Dre is a G thang/but on his old album covers he was a she thang.'

('Real Muthaphuckin Gs')

WINNER All too Eazy

VERDICT

LOSER Forgot about Dre

Pump up the jams

Listen to A\$AP Rocky's Dope playlist of the best '90s hip hop

Set in 2015, the coming-of-age comedy Dope is steeped in the sounds of the '90s: Malcolm, the protagonist (whose chance drug gain sets off the story), is obsessed with retro rap. But Rocky, in his acting debut, is the film's true music authority. So we asked him to make us a '90s playlist.



'Load My Clip' ('95) So melodic

Raekwon

Ice Cream' ('95) Brings me back to Harlem.

Three 6 Mafia 'Slob on My Knob' ('99) With MC Juicy J,

shit goes dumb!

Mos Def

'Ms Fat Booty' ('99) Brings you back to the summertime.

Bone Thugs-n-Harmony 'Thuggish Ruggish Bone' ('94) Reminds me of my childhood. That. and my older brother, Ricky.



The Terminal – and we're happy to report that the partnership shows no signs of running out of creative steam. Spielberg also worked with

global political climate. Hanks plays James B Donovan, an average Joe who is tasked with negotiating Powers's release from Soviet

both in front of and behind the camera.

Released 6 November 2015



GQ: What's been your favourite project to work?

Joe Harlow: No matter what any critic says, my favourite show thus far has been The Lone Ranger. The variety of makeup in that film was quite diverse there isn't a single character in that film that is not wearing some kind of makeup. From extreme prosthetic characters to period-correct 1800s Western makeup to complicated character effects makeup, The Lone Ranger had it all. That and I love the film.

GQ: And the most challenging?

Black Mass. hands down. On makeup that requires 22 hours of hair punching per prosthetic per day, there's no time for any alterations or mistakes. I'll just say that without Johnny Depp supporting and championing the

makeup, there would be no Black Mass.

GQ: How did you find vourself working with **Johnny Depp?**

JH: I met Johnny on the first Pirates film, but it wasn't until Alice in Wonderland that he asked me to personally do his next film, The Rum Diary. There is no

other actor that so consistently and so completely changes his appearance for a character than he does. Working on Johnny has been a fantastic experience, not only because of the makeup opportunities we've had, but more over

because he is a friend and that makes the entire process a lot of fun.

GQ: How much does makeup add to an actor's performance?

JH: If an actor embraces the makeup transformation, then there's nothing that can't be accomplished. In embracing the process, an actor can absolutely lose himself or herself in a character. I think that is a tremendous advantage to performance.

GQ: What's up next for you?

JH: I'm currently finishing up Star Trek Beyond. It is shaping up amazingly.

GQ: Last one: What's your dream project to work on?

JH: I have always been a fan of horror author HP Lovecraft, and though a few adaptations have been done of his work, I am still hopeful that I'll get my chance one day.

→ Read our interview with GQ Man Johnny Depp on page 106.

No beautiful leading man has tried harder to bury his beauty than Johnny Depp. But he's never looked les pretty-boy than in his latest role as mobster Whitey ger in *Black Mass*. Here, Depp's most memorable made-up looks. - Lauren Larson

1. Edward Scissorhands

Understudy to The Cure's Robert Smith

2. Alice in Wonderland

Carrot Top + dandy

4. Dark Shadows

probably endorsed this side-swept cut.

4. Black Mass

Just has to burst out an old HS

5. Charlie and the **Chocolate Factory** dignity under those top hats?

Navajo never looked so... Navajo.

7. Pirates of the Caribbean

- most girls



PHOTOGRAPH BY MASSIMO MASINI

воокѕ

COMING OF (A NEW) AGE

The Bildungsroman has done a lot of growing up. Get to know it better

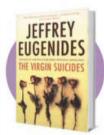
Edited by Cayleigh Bright

ou're just as likely to have encountered them on a reading list near you as you are to have happened upon a few in real life: the trials of realising that adulthood isn't all it's cracked up to be, combined and conflicted with a desperate desire to escape the troubles of youth. In the real world, we all experience them, but on the page, as a rule, we're most likely to experience them through the eyes of comically dramatic sad (white) boys: Think *The Catcher in the Rye, Great Expectations, The Adventures of Huckleberry Finn* and even *Hamlet*, but don't stop there. A younger generation of novels from the past few decades – featuring slightly older protagonists with some fresh new problems to add to the pile – is ready to entertain.



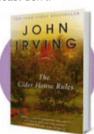
Less Than Zero by Bret Easton Ellis If you're looking for a typical orphaned or underprivileged coming-of-age character, you won't find him here. Clay's first visit home from college is a stay filled with too many drugs, parties, and Christmas presents to count, plus one dead body, a few unhappy ex-girlfriends, and a realisation that his two younger sisters

are growing up fast, much like he did.
Clay makes a brief appearance in Ellis's second novel, The Rules of Attraction, and so do the characters from The Secret History – the authors both set their novels in fictional versions of the creative writing college where they were classmates.



The Virgin Suicides by Jeffrey Eugenides

The virgins in the book's title (and brought to life in Sofia Coppola's movie of the same name) are the beautiful, unhappy Lisbon sisters, but the boys who love them are the ones left to tell us their story – and to come of age where the girls can't, or at least don't.



The Cider House Rules by John Irving Irving knows his stuff when it comes to novels about being a boy. Even if you haven't picked up The World According to Garp or A Widow for One Year yet, The Cider House Rules is harrowing, heartbreaking, essential reading.



The Secret History by Donna Tartt Tartt brings the best parts of university to

life along with the more grizzly sides that most of us won't ever experience think murderous classmates. blackmail and Latin to create a world that's worth getting lost in. You'll know from the first page who ends up dead, but enjoy finding out how he got that way, and why. Like it? Next, try Tartt's most recent work. The Goldfinch. Even with 20 vears between The Secret History and its release, fans say that this tale of boyhood and art theft was well worth the wait. Co



• Portnoy's Complaint

• The Rule of the Bone by

The Story of
Edgar Sawtelle by
David Wroblewski

• The Brief,

Wondrous Life of Oscar Wao

• Prep by

• Special Topics in Calamity Physics by Marisha Possi

• The Kite Runner





TIGEROFSWEDEN.COM TIGER OF SWEDEN ESTABLISHED 1903

STORES: JOHANNESBURG: SANDTON CITY 011 784-0561 • MELROSE ARCH 011 684-2010 HYDE PARK CORNER 011 268-0381 • CAPE TOWN: V&A WATERFRONT 021 421-9177





NI ACQUA GIORGIO ARMAI DI GIO PROFUMO

40ml fragrance worth R89

GIORGIO ARMANI ACQUA DI GIO PROFUMO BOTTLES THE FRESH FEELING OF THE SEA

Drawing on the spirit of the Pantelleria island in the Mediterranean, Acqua di Gio Profumo is a fragrance for men that evokes the feeling of the freedom of the sea. Sweet and salty notes of ocean water give way to a bitter citrus, fragrant rosemary and sharp hedione, grounded in a soft base of wooded musk and strong spices. With its delicate blend of top notes casting the idea of summer, Acqua di Gio Profumo is the fragrance to own this season.





et a year of GQ for only R317 **AT'S A SAVING OF R211**

PHONE 0860-100-203 • **FAX** 0866-704-101

DEBIT ORDER* 0860-100-203 *Have your details ready for debit-order or credit-card payments

DIRECT DEPOSIT Ramsay Media, Nedbank, A/C:1232073059, B/C:123209

WEB www.magsathome.co.za OR www.GQ.co.za

EMAIL subs@ramsaymedia.co.za **SMS** 'GQNOV' to 32697

*First 40 subscribers to receive gift. Price correct at time of print. SMSes are charged at R1.50. Free minutes, SMS bundles and Telkom Mobile SMSes do not apply. Errors will be billed. Or subscription SMS, an operator will contact you to facilitate your subscription. By providing your cellphone number and email address, you give Condé Nast permission to communicate with you about promotional, competition and subscription offers through these channels. Please fax proof of payment to 0866-704-101 (use your name and surname as a reference). Quote: Giorgio Armani offer November 2015. Please allow six to eight weeks for delivery of subscription gifts and first subscription copies, where applicable. Gift subscriptions may not be cancelled until annual contract has expired. To ensure uninterrupted service, automatic renewal will apply unless requested not to do so. Current renewal discounted rates will apply. The closing date for this discount offer is 30 November 2015. Delivery of prizes may be subject to delivery by the sponsors. Condé Nast is not responsible for late, lost or damaged mail. Contestants entering all competitions are bound by these rules and regulations.

ceV/ealth

The smart money: INVESTING OVERSEAS • GUIDE TO PUBLIC SPEAKING • THE WORLD'S BIGGEST WATCH BRANDS

World of potential

Property investment advice from Wealth Migrate CEO **Scott Picken**

Words by Paul Sephton

he movement of private wealth across the world is a skill that comes to few. Scott Picken, founder and CEO of investment company Wealth Migrate, advises that it's time to cut out the middle man and make it easier on your pocket. Here, he talks about how collaboration is a benefit, when you should begin investing and why South Africans need to draw on their biggest investment – themselves.

Wealth Migrate is a crowd-funded property investment company. Can you explain things further?

As with Uber, cutting out the middle man allows you to trim a lot of costs. The same amount of money is better directed. At Wealth Migrate we are using technology to create a simplified platform and marketplace in which the buyer and the seller can come together without a line-up of middle men. Generally, if Joe Soap wants to buy a property, he goes through a financial adviser who takes two to three per cent. He'll put the money in a fund that takes two to three per cent, and often invest in a private equity firm that takes between two and twenty, then go through a finance broker to arrange the financing who takes two to three per cent, then go through a real estate broker on the ground to actually buy the property, who also takes the same amount. Most people in property tend to want to buy a property with an internal rate of return (IRO) of 20 per cent. What's an IRO?

An IRO is a methodology for managing growth of an investment across every spectre. It's the most trusted metric to compare anything, from shares to property. Think of growth as 20 per cent, yet why do we as investors through any kind of listed property fund get six to seven per cent.

Where's the other 12 per cent? In fees. Our difference of a 14 to 15 per cent return goes straight to the client, and we make four to five per cent. We make our money on the back end, they make their money on the front end. The traditional model is that the husiness makes the money on the front end, and the investor takes the risk and gets the back end. Should the investment not perform, the business has already earned its fees but the investor loses out. In business today. interests have to be aligned. So we only earn money after you've earned money.



'The more we can help and partner with people, the more we can all win'

What percentage of my overall investment should be in property?

John Templeton talks about a third, a third and a third (property, equity, cash). I don't believe in investing in something that I've got no control over, like the stock market. I choose to do two things over which I have control: property, where I have the ability to create, and business, where I have the ability to generate. It depends on each individual's wants and needs, though. Most people want to be experts in everything: business, property, stocks. Jump to Malcolm Gladwell's 10 000-hour rule: you

can make
spectacular money
out of whatever
you master; you
can't be a Jack
of all trades.
Why is it
important to be
diversifying
overseas?

I asked Clem Sunter a question about what to invest in overseas, and he ≫

Numbers: online vs on land

The 10 largest populations*

1. CHINA:

2. INDIA: 1.27 billion 3. FACEBOOK: 1.23 billion

4. YOUTUBE:

1 billion

5. WHATSAPP: 900 million

6. THE US:

7. TWITTER:

8. TUMBLR: 300 million

9. INDONESIA: 257 million

10. BRAZIL:



had such a simple answer. Give me a confidence level out of 100, just for your future in South Africa. You should have that percentage invested in SA and the rest overseas. If it's zero, you can live here and have 100 per cent overseas.

But 80 per cent of South Africans who invest overseas lose money, for a very simple reason - they're arrogant. They are highly successful here, and then they travel to London for three days to buy a property. If an Englishman came here for three days, what are the chances of him finding a good property and a good network of lawyers, accountants and everyone else who is going to look after his property?

Successful entrepreneurs often want to put some of their money into First World assets, for the protection offered. It's also on management.
But the view that because you're good in Jo'burg you'll also be good in London is arrogant.

Does Wealth
Migrate learn the foreign markets?
What we're trying to do is create a public platform on which the whole thing is based on

human nature and

partnership, and we

there's no hands

'Live wherever you want, but make sure your wealth lives all over the world'

say: 'Come and join us.' If we're going to invest anyway, come and join us.

Zig Ziglar's principle applies: 'You can have anything you want in life, if you help enough other people get what they want.' Most people in South Africa come from a place of scarcity, which means that if I've got this building and I share it with you, I've lost something. That's rubbish. If I've got this building, and we can both put in 50 per cent of the money, and then I can buy another building, now we have two. The more we can help and partner with people, the more we can all win.

What do you think about the future

What do you think about the future of South Africa?

People want to leave South Africa because they think it's better for their children, but that's rubbish. I lived in London for nine years, and I have my MA from there, but I think UCT was better. South Africans living abroad are successful everywhere because we have great education here.

People think elsewhere is better, but what they don't realise is that they can have everything. You can live wherever you want; you must just make sure that your wealth lives all over the world. You can financially emigrate and stay in the country you love. How would you advise young

professionals on what to do?

Don't chase money when you're in your 20s - chase experience and skills because those will create money. There are two major problems young people under 30 have today. The first one is that they jump between jobs. The greatest way to gain mastery is to do one thing repetitively.

The second issue is the huge financial burden of a deposit on a property. When it comes to property, most people don't do anything until they're in their mid-thirties because they don't know how to get into property. You have to have the mind set that you're going to make mistakes. Another big problem is that when it comes to investing offshore, the youth are surrounded by people who tell them they

can't do it. When
I bought my first
property in Cape
Town in 1999,
everyone told me
it was a mistake.
Society will give
you 100 reasons
why it can't happen.
Do you think
there's enough of
an entrepreneurial
mentality in

South Africa? In South Africa, we play too small. We tell ourselves why we can't have stuff. We don't allow ourselves to dream enough. Success is a recipe; it's the same thing over and over again just copy those successful models. The wheel has already been invented, so use it. A lot of South Africans think that growing up in this country is a negative thing. We have some of the best entrepreneurs here Our future is about the emerging world - we are the bridge between the First World and the emerging world. We understand the challenges of the emerging world, but we also know how to speak the language of the developed world, and that is a gift. As South Africans, we need to understand

our power and

embrace it. [CO]

SAMSUNG

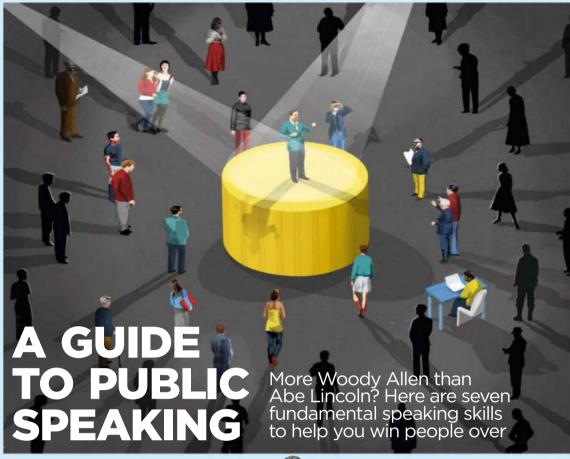


Galaxy Note5

NEXT IS NOW







Be yourself

'If you don't take your armour off, the audience will try to find a chink in it,' says public-speaking expert Andy Harrington. 'Armour is you not fully being you; a little bit safe. So take it off.' You might divide an audience, but that's good - otherwise you're just another voice in the sea of sameness.



Convince from the start

You need to persuade people as soon as you begin. 'You're closing them the second you open your mouth, not just when you're selling,' says Jordan Belfort, the former stockbroker, fraudster and convict who has been speaking in public for seven years. 'You're convincing them that you're a person worth listening to.'

3Perfect your stance

Men often think they should stand with legs wide apart, to communicate 'who's got the biggest cock', says

Harrington. 'But if you do that, all your energy is in the wrong place. And don't keep your hands in your pockets - concealing them signifies a lack of trust.'

/ Keep eye •contact

'Make them feel the hypnotic rapport,' says Harrington. Being a slave to notes or cue cards



can be fatal. 'You mustn't just read out a shopping list,' says Michael Parker, a former managing director in the Saatchi Group.

Know vour material

You need to appear as an authority on your subject matter, and knowing what you're talking about will fill you with confidence. 'The successful ones are often the ones who have a good message,' says Harrington.

6 Pause and don't... err... umm

'Punctuate your messages with pauses. When you pause you're giving someone an opportunity to take in what you're saying' says Harrington. 'Most sales occur when you're not talking.'

Practise, practise, practise

'Each time you rehearse you become more natural, more confident,' says Parker, on speech

preparation. Try it on someone slightly neutral sitting across the desk, looking at not what you say but how you come across.

MONEY **MESSENGERS**

The hottest tech sector right now is the smartphone instantmessenger. Here are the main players*

1. WeChat Value:

Tencent Holdings Ltd

\$100 billion (est.)

1.1 billion users

2. Kik

Value: \$38 billion Kik Interactive Inc 200 million users

3. Instagram

Value: \$35 billion Facebook Inc 300 million users

4. Twitter

Value: \$23 billion Twitter Inc. 316 million users

5. WhatsApp

Value: \$22 billion Facebook Inc

800 million users

6. Snapchat

Value: \$19 billion Snapchat Inc

200 million users

7. Line Value: \$15 billion Naver Corp

211 million users

8. Skype

Value: \$8.5 billion Microsoft Corp 300 million users

9. Viber Value:

\$900 million Viber Media

300 million users

10. Messenger Value: TBC

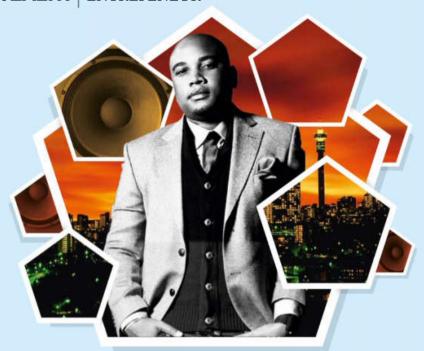
Facebook Inc 700 million users



TISSOT TRADITION PERPETUAL CALENDAR. EXCLUSIVE PERPETUAL CALENDAR MOVEMENT, 316L STAINLESS STEEL CASE AND SCRATCHRESISTANT SAPPHIRE CRYSTAL. INNOVATORS BY TRADITION.

TISSOT.CH





THE BUSINESS OF BEING COOL

Tebello 'Tibz' Motsoane on learning to hustle, getting the basics right and the sport of business

Words by Nkosiyati Khumalo

s the founder of Showlove Events and director of Showlove Music, he's been behind some of hip-hop's biggest events and artists, including AKA, Reason, DJ Fanatic and DJ C-Live. He's also been behind the music of screen hits like Ayeye and Tell Me Sweet Something, along with consulting for brands across the board. The GQ Best Dressed Man honoree shares how he's turned being cool into a business.

GQ: How would you describe

Tebello Motsoane My career is a blessing. I'm really fortunate that I get to add my two cents in a very creative space. I get to be myself whether I'm producing an event, marketing campaigns or pushing music. My career is amazing.

GQ: How has hip-hop culture given you a platform for your own entrepreneurial vision?

TM: Hip-hop still drives me. Showlove began as a monthly all hip-hop party and has developed into an agency that's multifaceted. As with hip-hop, we have to be the leaders of what's hot, we have to be the authority of what's regarded as cool. GQ: What's the biggest misconception about what you do?

TM: Well, people think we don't work. They think we just open doors and people just walk in, buy drinks and dance. They seem to think that we don't spend hours creating music and then even more time getting it

out to the people and hoping that they love it. We are in the business of selling 'cool', so I guess we come across as lazy. GQ: Coming from Katlehong, you didn't have access to the tools many other businessmen had growing up. How has this informed your journey?

TM: The hood taught us how to hustle, how to sell skills. If you knew your way around a car, you became the hood mechanic. I've seen people build mansions from selling kotas, doing hair, and so on. We had to be competitive and build names and resources. The hood is also very honest: if you suck, then the entire hood knows. I'm very focused on not doing stuff that sucks. GQ: Your blog Showlove has a distinct 'real' flavour to it. Do you believe that

has something to do with your massive online following?

TM: People who follow me online get my honest take on everything. Fresh clothes, music; Arsenal constantly breaking my heart. The site, however, is strictly positive. We don't criticise. We only show love and I think people appreciate that - and thankfully, clients think it's cool too.

GQ: How does social media figure into your personal life, and your business life? Is there a separation?

TM: Social media is now a part of my business, so there's no separation there. My personal life contributes to my tweets -I see some crazy things. People love the tales. As for who I'm with, I have no qualms sharing that either. It beats sub-tweeting each other.

GQ: How do you streamline multiple interests to ensure that nothing falls through the cracks?

TM: I grew up playing sports, and you have to do the basics before you do the fancy stuff. Every day I wake up and I tick all my boxes - I take care of the boring things in order to be out seeing what's in the streets and have content for my site. I moved my operation to Braamfontein so that I stay on the pulse of fashion, style, slang and music. I'm always observing, listening and doing my own litmus tests.

GQ: You describe your business as your 'sport', so how do you keep fit? TM: I keep fit by killing deadlines. I stay

fit by not being afraid to compete. Competition is there to keep you sharp. I don't fear the new breed. I'm a fan of this sport and I want to compete in it and play my part in making it great. The ultimate fitness is mental. I keep a clear head and I stick to my decisions.

GQ: Looking back, what advice would you give yourself after experiencing your first major business failure?

TM: They say you shouldn't believe your own hype. I say you should constantly find new believers. I've learnt that people want to constantly see fresh faces, so I'm always looking to get new people to follow the Showlove movement. Being comfortable and complacent is suicide.

GQ: What's next?

TM: My next project is wine. It's something I've been working on quietly, I'm getting a little louder now that we are ready to go to market. Lookout for LAVO wines. I'm really excited about what we're working on. [60]

'l'm a fan of this sport and I want to compete

in it and play my part in making it great. The ultimate fitness is mental. I keep a clear head and I stick to my decisions'



SANDTON CITY V&A WATERFRONT GATEWAY & SELECTED EDGARS STORES

TOPMAN

Big-time brands

The business of luxury watchmaking is booming. Here's your primer on the biggest players by numbers, and the pecking order among the major brands

Words by Michelle Mussler

Who belongs to whom? An overview

The three largest conglomerates - Richemont (founded by SA businessman Johann Rupert), Swatch Group and LVMH - own a total of 38 brands between them. Together they account for 40 per cent of the global watch market share. Add independent Rolex to the mix, and that climbs to well over 50 per cent. Here, all the headline players.

Top 3 conglomerates (based on sales in 2013)



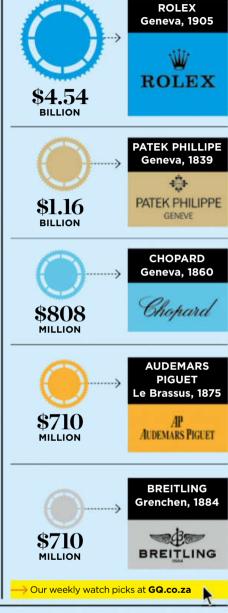




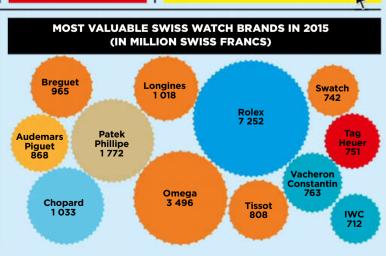
Calvin Klein

BALMAIN





Top 5 independent luxury watch brands*



Cartier



STUART ninaroche #TOSONI CARVELA LACOSTE

TOSONI EXCLUSIVE TO SPITZ I 0860 109 321 I WWW.SPITZ.CO.ZA

lways call seven when playing a game of dice with two die. The odds are in your favour because seven will come up more often than other numbers. You get seven from more combinations than any other number: six and one: five and two: three and four.

Words by Bruce Cameron

Even when you gamble there are ways to alter the odds in your favour. It is exactly the same when it comes to investing. The big difference between gambling and investing is that with gambling you are nearly always taking the chance of losing all your capital, while with wise investing you should not be risking your capital.

The key factor that comes up with investing is your personal risk profile. At one stage some irresponsible people in the financial services industry came up with rather idiotic personal risk profiles. Effectively, if you lived life in the fast lane and were happy with taking high risks, then you would also take high risks with your investments. Those with more conservative lifestyles would take far fewer risks. Neither were likely to get rich one would gamble on unattainable returns and the other would receive less than the inflation rate.

If you invest money, you'll need to take some risks, but you can make them smart, calculated ones.

No one has a single risk profile. You will have many risk profiles, most of them simultaneous and fluid. It may sound like current Greek economics, but this is called goal-based or outcomes investing.



1 Draw up a list of all the goals you want to achieve financially over the medium to long term.

This can range from buying a new car, to travelling abroad, to education for vour children to a financially secure retirement.

- Divide the list in two one of the things you need, such as savings for retirement, and the other of things you want, like an overseas holiday. Some goals may straddle both lists: you may need a car to get to work, but a BMW would appear on the wants list as opposed to a Golf, which could be on the needs list.
- 6 Add a target date to each goal. The longer the term, the less the investment risk is likely to be.
- If you have already been saving and investing without setting separate goals, allocate this amount to the items on your list, giving priority to the

things you need. Goal-based investing is a risk-balancing act. Say you want to buy a new car but you can only save a fixed amount. This means you will need to calculate the period it will take to reach the cost of the car. You can shorten the period by increasing investment risk.

A low-risk approach would be to divide the price of the car by the amount you are able to save and assume the interest rate you will receive from a bank deposit account will be equal to inflation.

So, if the car costs R240 000 and you can afford to save R5 000 a month, it will take you five years to achieve your goal. If you want to buy the car sooner you will have to step up the investment risk. But you want the car within four years. This means you must get a return of about four per cent a year above inflation. By increasing investment risk you also

increase the potential of not reaching your target.

It is acceptable to increase the risk level for things on your wants list, but for the things you need you should generally have moderate investment risk levels - but even this is not set in stone. For example, if you start saving for your retirement in your twenties, you can have a high exposure to more risky assets like shares as you can ride out the ups and downs over a long period.

The biggest risk of share markets is that their volatility can be sudden and violent. This means that you should reduce risk the closer you get to retirement.

Setting priorities and calculating outcomes can be quite complex, particularly when overlaid with life insurance. This is where seeking professional advice from a good financial adviser is worth it in the long run. 🙆

Mobile

Devices and apps in health IT

Data and analytics 19%

Digital media/ advertising video platforms



Cloud computing

15%

Social collaboration/ messaging platforms

Shared economy (Uber. Airbnb)

Security 14%

over 2 years







TOOL WATCHES

TUDOR tool-watches are designed for the contemporary adventurer. Tested under extreme conditions, they know no boundaries but those of the imagination and courage of their wearers.

Brushed finishing, sandblasted touches and matt colour for optimum legibility. High-tech materials – titanium, ceramic or silicone – for extraordinary performance. The ultimate tool-watches, they keep alive the spirit of adventure for which the brand has been known since its involvement in the British North Greenland Expedition of 1952.





This month // Fantastic at forty: BMW's best 3 Series yet // New cars from Lexus & Renault

THE MERCEDES-BENZ GLE COUPÉ

An absolute stonker of a SUV coupé

Words by Craig Tyson

ix years ago a behemoth called a sports activity coupé landed with the all the impact of a Highveld thunderbolt on an unsuspecting tea sipper. 'WTF?' was the initial reaction. 'It'll never sail', was the second. 'Who would buy that?' And so on. The BMW X6 surprised everybody. It has been so influential that sporty luxury off-roaders are flavour of the month at Rolls-Royce, Lamborghini and Bentley. Clearly it's a thing, and Mercedes-Benz is not the type of manufacturer to miss out - it's even bringing a one-ton bakkie to the market in 2017. While Merc maintained it had been there or thereabouts on the SUV coupé front, it hadn't really. Now it has made good with the GLE Coupé whose genes go back deep in time (1945) to the legendary Gelandewagen (G-class). Rather than competing, the GLE seeks to disrupt the line entirely, and its arrival has seen the restructuring of Merc's SUV division. All SUV models will now have 'GL' in their name. The GLE looks a lot like the X6, but has more power and space than the original. Huge 21-inch wheels and an imposing front grille give it a slight advantage in the looks department. It's an absolute stonker of a sports coupé, quick yet extremely comfortable in the roughest of terrains. The fleet leader 63 S AMG has more power (430 kW) than some legendary supercars.



DRIVING MODES

There are five transmission modes: Individual, Comfort, Slippery, Sport and Sport+. Things get interesting in Sport+ mode – the car emits a powerful pop pop when downshifting with the double-declutch function – a lively reminder of the GLE's sporty intentions. It comes with a nine-speed automatic gearbox and permanent AWD. An Airmatic suspension adjusts ride height to road conditions.





Fleshed out with a flowing side contour, elongated and low, striking radiator grille with central chrome louvre and a fastback rear-end design, the GLE Coupé oozes sporty style.

RUNNING GEAR

The list of available safety systems reads like a military roll call, and they're all just as vigilant. Active parking assist does the work for you; active LED lights move to follow the road; and Magic Vision Control – the heated, adaptive windscreen wiper system – defuses adverse weather conditions.





MERCEDES-BENZ GLE COUPÉ 350D

POWER

V6 diesel, 190kW and 620Nm

PERFORMANCE

0-100km/h in 7 secs; top speed 225km/h

CLAIMED FUEL

7.0-I/100km

BASE PRICE

R999 900

mercedes-benz. co.za

MERC, RECLASSIFIED

GLA: A-Class crossover – and X1 opponent **GLC:** C-Class SUV; formerly the GLK.

GLE: E-Class SUV; formerly the M-Class.

GLE COUPÉ:New GLE spinoff.

GLS: S-Class SUV; formerly the GL. The G remains as is.



THE INTERIOR

Inside you're surrounded by the grace that Merc's bestowed on its latest models. Here the COMAND screen, while keeping its tablet-like form, is more integrated into the top-stitched dash, complemented by the familiar touchpad-over-wheel controller. The car packs in an eight-speaker multimedia audio system, and offers the largest boot space in its class.

LANE CHANGERS Fresh off the production line Words by Dieter Losskare

Words by Dieter Losskarn

AESTHETIC APPEAL

A white Toyota Hilux thunders up Franschhoek Pass in full acceleration mode. diesel smoke pouring out the exhaust. I'm right behind it - in a really fast-looking Lexus RC 350. After the third attempt to overtake it, I give up. While there was a brief, initial burst, the coupé did not have enough power to blast past. As soon as I see the wide grin on the Hilux driver's face, I fall back behind him again.

I think if I hadn't driven Franschhoek Pass just before the end of the launch. I would have liked the car a lot more. The appeal of

the Lexus RC 350 F Sport is more aesthetic than athletic. It felt quite heavy on flat surfaces, but that was still acceptable.

Developed first and only as a coupé - not a downsized sedan - the lines are sculpted to perfection. It's a very attractive car. The interior, too, is pure luxury - it surely can't get better than this. The Lexus is a real GT, a comfortable grand tourer. It's a car for drivers not primarily focused on performance, who want something other than the more affordable and more powerful German competition. Unfortunately, the model that would have solved this lack of power will not

be available in SA; Lexus couldn't viably price the RC F. It's a pity because, with the car's brutal five-litre V8. I would have been able to overtake any Hilux bakkie on Franschhoek Pass, as well as some of the German competition, too.

POWER 3.5-litre V6, eight-speed auto; 233kW and 378Nm

PERFORMANCE 0-100km/h 6.3 seconds; top speed 230km/h (electronically limited)

CLAIMED FUEL 9.4I/100km

BASE PRICE R730 900



CLEVER FRENCHIE

Renault's first-ever mini SUV, the Captur, doesn't have four-wheel drive, but it's a cool and stylish import. So are French cars now as perfect as French croissants?

There are several strokes of genius to be found in the Captur. First of all, the glove box is the biggest one ever. You could even bath your Yorkie Terrier in it, if necessary. The seat covers can be removed and laundered in a washing machine - perfect for when you transport messy kids, dogs or hungover friends. The chassis offers a comfortable ride and SUV-typical advantages, like a higher sitting position and a spacious 377-litre boot.

A bit of a downer is the build quality: there are too many shiny dust-catching plastic

surfaces and the seats are very soft, sometimes you have to grab hold of the dashboard through a quick turn. Yet overall, the Captur is a great and non-boring French addition to the baby SUV segment.

POWER 4 cvl. turbo diesel: 88kW and 190Nm

PERFORMANCE 0-100km/h in 10.9 seconds; top speed 192km/h

CLAIMED FUEL 4.9 litres/100km

BASE PRICE R279 900





Bacher & Co 27 11 372 6000 www.sbacher.co.z





UNDERSTATED AURIS

It's obvious that Toyota's Auris is trying to compete with VW's Golf. The Auris is a solid car, but, like the legendary reliable Corolla, the Auris doesn't really stir emotions. At least the older design has been rectified and it now boasts a more aggressive front and narrower rear window. Auris drivers don't want to show off; they're looking for efficiency. With this in mind, the new Auris is similar to the Golf. Without attracting attention, you can go shopping or on a road trip, proving that unspectacular can be a statement in itself.

POWER 1.3-litre 4 cylinder 6-speed manual; 73kW and 128Nm

PERFORMANCE 0-100km/h in 12.6 seconds; top speed 175km/h

CLAIMED FUEL 5.8 litres/100km

BASE PRICE R223 700



VAN-DALISED C-CLASS

Lately Mercedes-Benz has taken over whole segments as leaders – and now with an even bigger car. The new V-Class replaces the outgoing Viano and has immediately dominated the upmarket limousine segment. It's much more sedan than van – a crossover van – a van-dalised C-Class. Inside, there's a much smaller attractive leather steering wheel and the same seven-inch central display as in the C-Class. The whole dashboard has an extremely upmarket feel. It has the elegance of a luxurious limousine – it's cosy; a mélange

of cigar lounge and conference room.

The 3.0-I. V6 turbo diesel of the Viano was replaced by an evenly powerful 2.2-litre four-cylinder turbo diesel. In the V250 version it is a really swift, albeit significantly more expensive ride.

POWER 4-cyl diesel; 120kW and 380Nm

PERFORMANCE 0-100km/h in 16.9 seconds,

top speed 165km/h

CLAIMED FUEL 5.7 litres/100km

BASE PRICE R726 875

BUMPER CAR

Some say it's the most outrageous SUV around, but the Citroën C4 Cactus isn't actually an SUV – it's a daring design with lots of space. The most obvious features are the 34 air-filled polyurethane cushions covering the body that can withstand 2cm-deep impacts – the perfect car to dodge shopping carts in parking lots. The Cactus makes people curious. They want to touch and feel it, getting one over the Nissan Juke and Mini Countryman in this regard.

POWER 3-cylinder turbo; 81kW and 205Nm

PERFORMANCE 0-100km/h in 9.3 seconds;

top speed 188km/h

CLAIMED FUEL 4.6 litres/100km

BASE PRICE From R284 900







here was more cowbell on this car launch than on any other I can remember. The venue was the Das Kronthaler alpine lifestyle hotel in Achenkirch, Austria. And what a lifestyle it is amid the mountains, lakes and valleys, with its 250km of on- and off-road cycle routes. 450km of hiking trails, and 1 001 bellwearing cows. To be woken by a tinkling cow outside your hotel room is an infinitely more pleasant experience than a phone alarm going off in your ear. Negotiating a vehicle through a herd of these beasts is less charming, but it did provide a good test of the strength of the X1's side mirrors. Despite a few bovine brushes, car and cow emerged unharmed.

Part of the reason for the XI's success – it has sold 730 000 units worldwide since 2009, placing it in the top three of BMW's best-selling cars – is its versatility. It's a city slicker but also a vehicle in which bikes, family, pets and luggage fit nicely.

The new edition has the bigger proportions and clean lines of its larger X siblings. It's higher and wider with more interior space. It's a confident-looking car with a new, larger front grille, squared-off wheel arches and off-road cladding.

At a slick launch on the hotel's sundeck, designer Calvin Luk talked up the car's 'powerful stance' and 'X-ness'. Sporty new headlights add aggression to the X1's look. Twin exhaust pipes have been introduced, along with slim rear lamps, resembling



The new edition has the bigger proportions and clean lines of its larger X siblings. It's higher and wider with more interior space

those in the 1 Series. The luxurious interior is typical of BMW. Driver and passenger have a commanding view, and with five seats, including a split-folding rear seat and fold-down passenger seat, the car is spacious inside. The 505-litre boot is 85 litres bigger than the old model.

In South Africa, the range is made up of two petrol engines and one diesel unit, each with the new four-cylinder 2.0-litre engine. BMW says this new powerplant makes the X1 the most powerful model in its segment, capable of hitting 100km/h in 6.3 seconds.

The X1 is also more economical than before. Fuel consumption (in the petrol) is down by a claimed 17 per cent, due to the lighter build and improved aerodynamics.

Entry-level cars in most markets will offer front-wheel-drive for the first time, however South Africa will still get the nifty xDrive four-wheel drive system. >>



I.N.O.X.

Forged to resist 130 tests. The highest quality standards for ultimate functionality.



New additions include LED headlights, Dynamic Damper Control, BMW Head-Up Display, and the Driving Assistant Plus system. In Eco Pro mode, at speeds between 50 and 160km/h, the driver can engage a coasting function for better fuel efficiency.

The xDrive20d – the only diesel for the SA market – has an injection system generating 2 000 bar, 140kW of power and a peak torque of 400Nm.

This is a muscular, sporty car, much better looking than the first X1. The road feel is superior too thanks to the damper control. I put it through an obstacle course in the Bavarian mountains and it handled everything from tilted angle driving to steep ascents and descents on a cantilevered X grid. The hill descent control works a charm.

While it's not a serious off-roader, the X1 makes an ideal vehicle for the weekend adventurer and will handle any ambling cattle with a minimum of fuss.

BMW X1 SERIES RANGE

BMW X1 xDrive20i - R541 757 BMW X1 xDrive20d - R559 039 BMW X1 xDrive25i - R606 399

The sDrive versions will go on sale in South Africa from January 2016 (sDrive 18i, sDrive20i and sDrive20d)

3 Series shifts gear

BMW updates its best-selling luxury car

his year the 10-millionth 3 Series left the factory floors in Munich. The world's best-selling luxury car – 14 million have been sold to date – accounts for 25 per cent of all BMWs sold. To keep its aura and hold the fast-charging Mercedes-Benz C-Class, Audi A4 and Jaguar XE models at bay, BMW has made some changes, or what it calls a 'life cycle impulse', ahead of the all-new 3 Series planned for 2017.

The most notable changes are under the hood, with all engines reworked for better fuel consumption and increased power.

At the top of the range, the 335i has been renamed the 340i. The new three-litre turbocharged in-line six produces 240kW and 450Nm, accelerates from 0-100km/h in 5.1 seconds, and has a claimed fuel consumption of 6.8 litres per 100km.

The 340i surged to rapid speeds and revved comfortably beyond the red line.

When I thumbed the steering wheel paddle flaps, the ride got even more exhilarating. The 318i model sees the biggest change – it's the first time BMW has used a three-cylinder engine from a Mini for a 3 Series. The 1.5-litre motor produces 101kW and 220Nm of torque, and sprints from 0-100km/h in 8.9 seconds. Fuel economy is a claimed 5.5 litres/100km.

The two diesels – the 318d and 320d – have new turbochargers. Power is transferred via rear-wheel or BMW's all-wheel-drive system.

There are updates to the centre console, improved materials in the cabin and an upgraded sat-nav system.

LED eyebrows above the headlamps give the car a more aggressive look and the front apron gets a change to accommodate an active cruise-control sensor.

A plug-in hybrid will be added to the line-up next year.



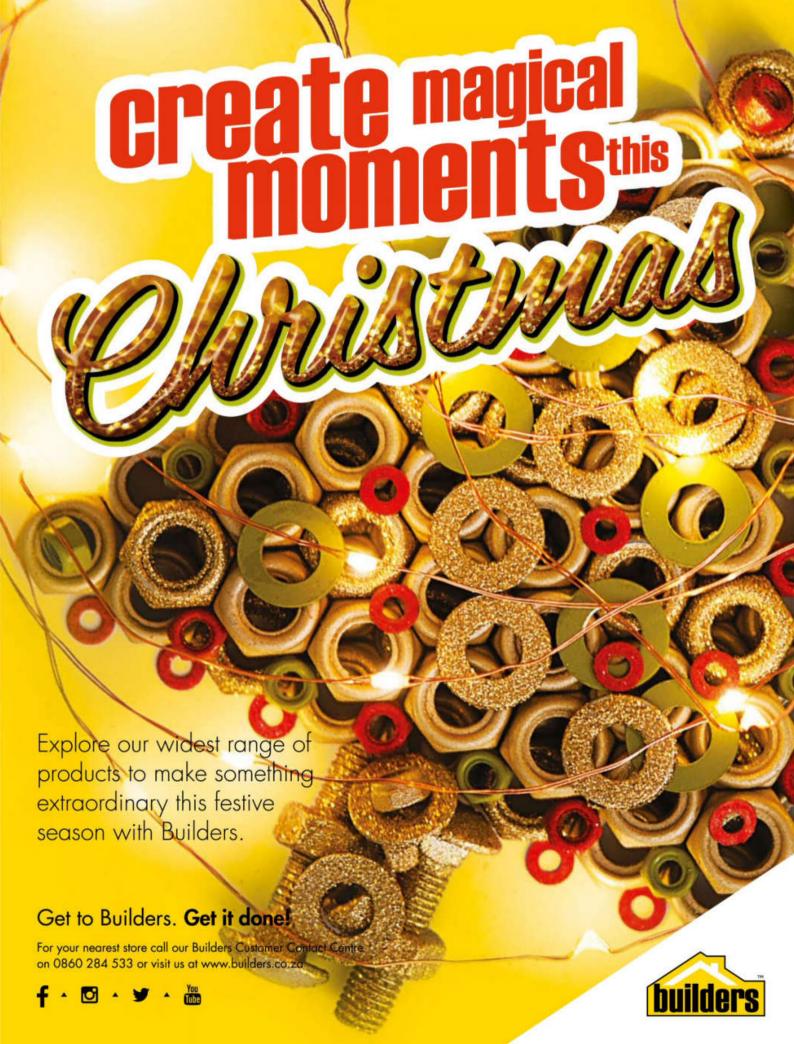


It was a time to celebrate 40 years of the 3 Series so I took the legendary 320iS limited edition on a tour of the mountain passes around Achenkirch. The E30 (produced from 1987-90) is a version of the M3

with the twin-cam
16-valve engine
reduced to 1 990cc.
Less than 3 750
were ever made,
and it was sold only
in Italy and Portugal,
which had reduced
taxes for cars with
engines under two
litres. The 'Italian

M3' has aged well and still oozes sex appeal. The road handling and power from the 141kW engine is quite astonishing. This 320 superstar has a rightful place in the BMW pantheon of all-time greats.

www.sbacher.co.za



THIS MONTH
HUMOUR BY
NICK CORBETT; SEX BY
LIOR PHILLIPS; BEHAVIOUR BY
CLIVE THOMPSON



HUMOUR

Quick, read this think piece

Why too much information is giving us a headache

MY WORD. THE INTERNET IS GIVING

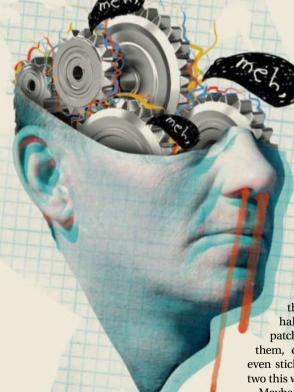
us a lot to think about these days. People are doing so much thinking, I'm exhausted just thinking about it. I remember when I used to set time aside to sit down and think it normally included taking my mother's library card, mulling over and choosing a few dusty titles and settling down for a little brain exercise. Heck, I remember when people used to think in Parliament, instead of snoozing, gently. Today, alone, I was sent three links to three serious issues and coerced, at WhatsApp-emoji gunpoint, into thinking about each and presenting my thorough and opinionated findings. It got me thinking: how can we be better about the issues we can't help but talk about?

The internet certainly has some special qualities about it. It lets everyone know everything about everything (Gluten! Palestine! Cats!), and it provides plenty of room in the comments section to hear what everyone else is thinking about it. We've always known the internet is a dangerous place, and you can thank the Westboro Baptist Church for the warnings. Like the rand's stellar performance against the dollar or whatever the Mars Rover is photographing, we have a lot to be afraid of. I recently went on WebMD and diagnosed myself with tracheal cancer. My doctor diagnosed me with stupidity and billed me heavily for it. And that's a metaphor for life, really - not looking at all the facts can lead you to the wrong conclusions. And sometimes the wrong conclusions are far more terrifying than a lizard on Mars.



Nick Corbett

takes two aspirins before engaging in conversation



Today we're pressured into having deepseated opinions about hundreds of issues, presented mostly by what we're told to look at on the internet. Included in that data bundle of joy is a wide range of topics that will be thrown at you several times a week. We're all going to miss Cecil the Lion. Why? I've never met the guy, but every link I've seen is a reader's obituary. The bandwagon

Like the rand's stellar performance against the dollar or whatever the Mars Rover is photographing, we have a lot to be afraid of effect might speed up how quickly we get on board with issues, but the train leaves the station when we forget to think, basing our views on a BuzzFeed news bite or whatever Gawker just tweeted, instead of sitting down with a topic and looking at all sides of the argument.

Let's take stock quickly. There's a lot going on in the world today that deserves a good lot of thinking: the Ferguson shootings; the Rhodes Must Fall and Open Stellenbosch movements; whatever the hell is happening to our economy concerns that need to be thought through and considered. But half the time, I find myself reading patched-together 'think' pieces about them, citing iffy sources and drawing even stickier conclusions (I was tagged in

two this week, 'please share if you agree'). Maybe if we were more thorough with one issue, before hopping on to the latest, greatest breaking news, the hot air we're blowing could be put to better use than a few temporary likes on a Facebook link. Maybe if issues were dealt with one at a time, properly, rationally and with due diligence, everyone in Parliament wouldn't be snoozing, gently, overwhelmed by all the complicated brain-things they need to do at once. Thinking might just be good for you! But only if it starts in your head, and not with some flashing Facebook link. I've thought about ignoring my WhatsApp group chats (sorry, squad) closing my browser and reasoning my way through an issue before drawing conclusions faster than it takes to tweet them. Maybe it's time to think about that. Or not. Either way, it's time for a nap. 🔯

BEHAVIOUR

Play it cruel

Why it's smart to be mean online

I'M GENERALLY UPBEAT ON

Twitter. Many of my posts are enthusiastic blurts about science or research in which I use way too many exclamation points. But I've noticed something: when I post an acerbic or cranky tweet, it gets recirculated far more widely than do my cheerier notes. People like it fine when I'm genial, but when I make a caustic joke or cutting comment? Social media gold. This is pure anecdata, of course. Still, it made me wonder if there is any psychological machinery at work here. Is there a reason that purse-lipped opinions outcompete generous ones?

Indeed, there is. It's called hypercriticism. When we hear negative statements, we think they're inherently more intelligent than positive ones. Teresa Amabile, director of research for Harvard Business School, began exploring this back in the 1980s. She took 55 students, roughly half men, half women, and showed them excerpts from two book reviews printed in an issue of *The New York Times*. The same reviewer wrote both, but Amabile anonymised them and tweaked the language to produce two versions of each – one positive and one negative. Then she asked the students to evaluate the reviewer's intelligence.

The verdict was clear: the students thought the negative author was smarter than the positive one – 'by a lot', Amabile tells me. Most said the nastier critic was 'more competent'. Granted, being negative wasn't all upside – they also rated the harsh reviewer as 'less warm and more cruel, not as nice', she says. 'But definitely smarter.' Like my mordant tweets, presumably.

This so-called negativity bias works both ways, it seems. Other studies show that when we seek to impress someone with our massive gray matter, we spout sour and negative opinions. In a follow-up experiment, Bryan Gibson, a psychologist at Central Michigan University, took a group of 117 students (about two-thirds of them female) and had them watch a short movie and write a review that they would then show to a partner. Gibson's team told some of the reviewers to try to make their partner feel warmly toward them; others were told to try to appear smart. You guessed it: those who were trying to seem brainy went significantly more negative than those who were trying to be endearing.

Why does this bias exist? No one really knows, though some theorists speculate it's evolutionary. In our ancient past, focusing on bad news helped people survive.

Like I said, this is based on anecdata – and you can't easily generalise about why things go viral in the roiling, wine-dark sea of social media. Some utterly saccharine posts get wildly liked; most smartly critical thoughts are loathed. (Compare the rollicking success of the feel-good site Upworthy to the abuse directed at women and minorities who write intelligent criticism.) And what's

negative? Is a manifesto for social change negative because it criticises the status quo or positive because it's idealistic?

But knowing about negativity bias has made me more sceptical of high-brow punditry that defaults to dour views. If caustic wit is what garners a person accolades for their intelligence, surely public intellectuals adjust their approach accordingly. Gibson tells me his study hadn't been cited or followed up on by other researchers. 'Maybe you weren't negative enough?' I ask. He laughs: 'I guess so.'





Better comfort.

Coming home is now even a more welcoming experience. Panasonic's energy-efficient air conditioners with Inverter technology get the environment to the ideal temperature quicker at start up. Not only are they built to withstand the harsh South African climate to keep your home cool and comfortable all summer long, but their elegant design and quiet operation make them the hard-working heroes you expect them to be, without being noticed.









WIN your share of R800 000 in Panasonic products and CASH!

Panasonic and you could **WIN** your share of **R600 000** worth of Panasonic prizes.



any Panasonic item and you could WIN your share of R200 000 in CASH BACK!

Take a setfie at any participating Panasonic outlet with the Panasonic foam thumb (or in the Panasonic display area) and upload it to http://panasonicsa.co.za/selfie. Complete an entry form and drop it into the entry box in store.

Terms and Conditions apply. For Terms and Conditions and your closest participating Panasonic outlet please visit www.panasonic.com. Promotional period: 13 October - 13 December 2015.

sucking, humming, sixty-nine. Oral sex, you saucy minx! Its powers are enough to make you worship them at the altar, but having faith in knowing what to do after it all goes down (literally) is hard. After-oral protocol will divide opinions: do you kiss vour partner with tongue? Do you wipe your mouth screaming 'blergh, Susan'? Sure, being comfortable in a long-term relationship could ease the ick of kissing a mouth that's just been all over (or in) your genitals, it all just depends on personal preference. Tackling the topic is a grey area, just like trying to convince someone who hates coriander to bathe in it face down with his or her mouth open.

But the best oral sex isn't the time spent doing it; it's the culmination of a series of events that domino into a quenched frenzy from start to finish. It's all about grooming and treating the terrain, knowing what will expose his or her longing and then creating a climax to the point where there are no stopgaps between foreplay and sex. While oral sex can be complex at best, reaching for a tissue straight after orgasm instead of kissing takes the pleasure away from the moment. Suck her fingers – anything but the wipe! Even licking your lips as though



Lior Phillips shoots her mouth off when it comes to dictating oral sex

you had just fallen into a barrel of Nutella will drive her senseless.

I fault porn, mostly. Porn and terrible communication. We've all seen the scene before: the ol' nipple-tonguing leads into the hurried leg spreading and finishes off with the man licking frantically then turning toward the camera, and wiping her vaginal disarray off his mouth. All women and men want to believe that they genuinely taste delicious, but the conundrum of come is hard to ignore – vaginal juice and penis ejaculate is not everyone's ideal palate cleanser.

All women and men want to believe that they genuinely taste delicious, but the conundrum of come is hard to ignore

Some don't want to go mouth-to-mouth after mouth-to-genital, but on the flip side a few of us (hi, hey, hello) love it when they can taste themselves on the tongue of their lover. The odd dichotomy of after-oral kissing is that it's incredibly sexy when it happens, and if you're lucky enough to meet a unicorn that isn't grossed out by it, then thank your lucky taste buds – it can be insatiably hot. For lack of a better saying, it feels like having your cake and eating it, too.

Step 1: Bemoan feelings of rejection

If two people's sex drive and cum-factors aren't in sync, this issue will never end. Warning: do not bring it up midway through spitting out or wiping off your partner's jizz. Suck it up and kiss your lover! If they like it, they will initiate a kiss, but if you turn away after she's been licking your anus/shaft/ balls it will punch a hole in the moment, her heart and potentially your relationship. Be careful though: never assume she enjoys the flavour of your tongue after you've been between her thighs just because she kisses you after a blowjob - women are complex babushka dolls and you need to ask. A gentle 'you taste amazing; want to enjoy it with me?' might make her wild, but pick up hints during foreplay or sexts; she might have never tasted herself before. Be sweet about her pussy - otherwise it'll bite and claw your (eye)balls out.

Step 2: For the sake of mankind

When you create pleasure and share it together, the different nerve cells in your body release dopamine – a highly addictive, contagious and satisfying neurochemical, the same one released during sex. If you're a squeamish little man-baby who feels that come in your mouth is going to burn all your masculinity away (the same reason you don't eat bananas), remember: if you don't want that after-oral kiss, your partner might be offended and then associate the act with negative connotations. Sometimes you must suffer through some strange tasting sessions to keep reinforcing the act.

Step 3: Dental dam it

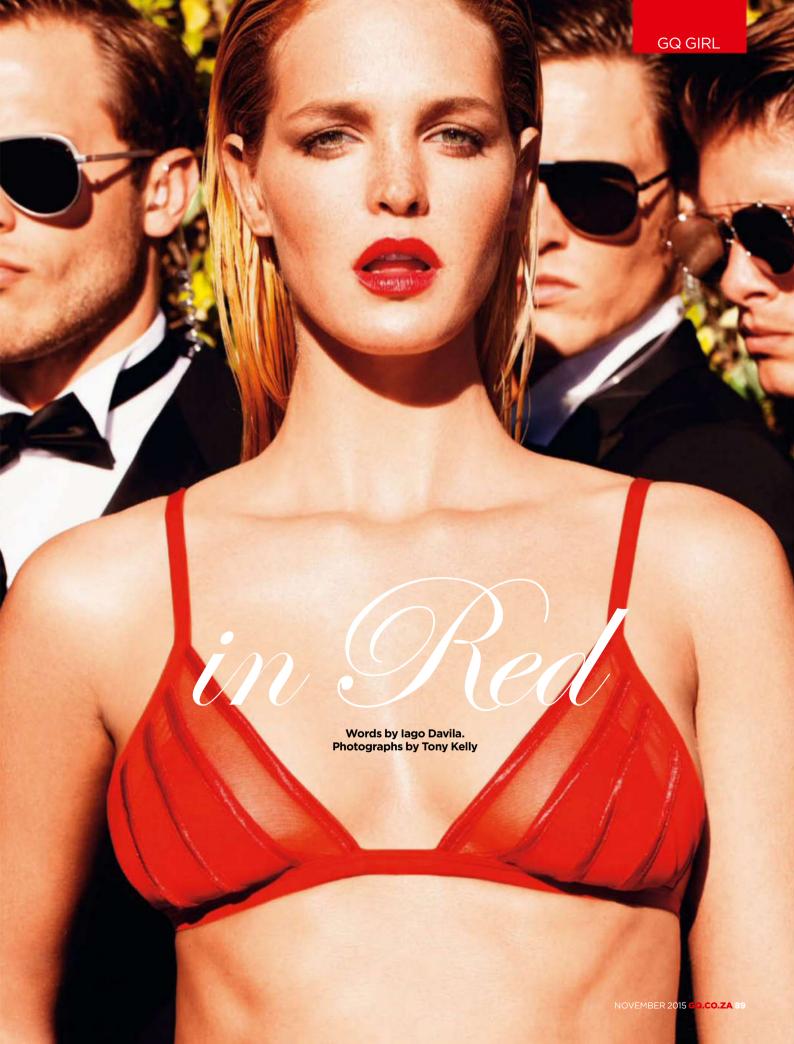
Use a dental dam – a sheet of latex placed over the vagina pre-oral – to keep you from getting vaginal ooze on your face. It's a great way to prevent STIs, so check your local pharmacy or websites.



Get weekly bedroom advice from our sexpert at **GQ.co.za**









T ISN'T EASY TO STAND
OUT IN LOS ANGELES,
SURROUNDED BY SILICONE
AND LONG HAIR FLUFFED WITH
FAKE EXTENSIONS.

To the untrained eye, the home city of *Baywatch* is a flurry of bimbos who drive massive vehicles with a boot full of fulfilled dreams. However, the struggling angel, smothered by botox devotees and shattered illusions, immediately responds to the appeal and charisma of natural beauty. No surprise then that crowds of curious

onlookers consistently formed around us when we were out and about, eager to witness Erin Heatherton, possessor of the most beautiful breasts in paradise.

'Freckles are everything,' she says. 'I love mine and also love every freckled soul out there.' Cursed be my freckle-free self: can I get these things tattooed anywhere?

The first thing that comes to mind on hearing Erin Heatherton's name is probably that she was Leonardo DiCaprio's girlfriend for a while (and who wasn't?). You might also remember her as a Victoria's Secret model over three consecutive years.

Certain parts of her might even bring back memories of her *Sports Illustrated* January cover, where she graced the magazine pages with her curves surreptitiously covered by a nano-bikini.

However, there are many things you don't know about this 26-year-old blonde from Skokie, Illinois. 'You think you know everything about me, but you'll be dumbfounded by your mistakes and I'll love every second of it,' she warns us.

She tells us that the first time she took a plane was to go to the University of Miami. However, she hadn't set foot on >>

'I think I have done every existing sport. Thanks to this, I am a great team player and I like to think it played a big part in my success as a model'



fashion
is not
about
standing
out

DIESEL

Sandton - Eastgate - Rosebank Menlyn - Gateway V&A - Canal Walk - Cavendish

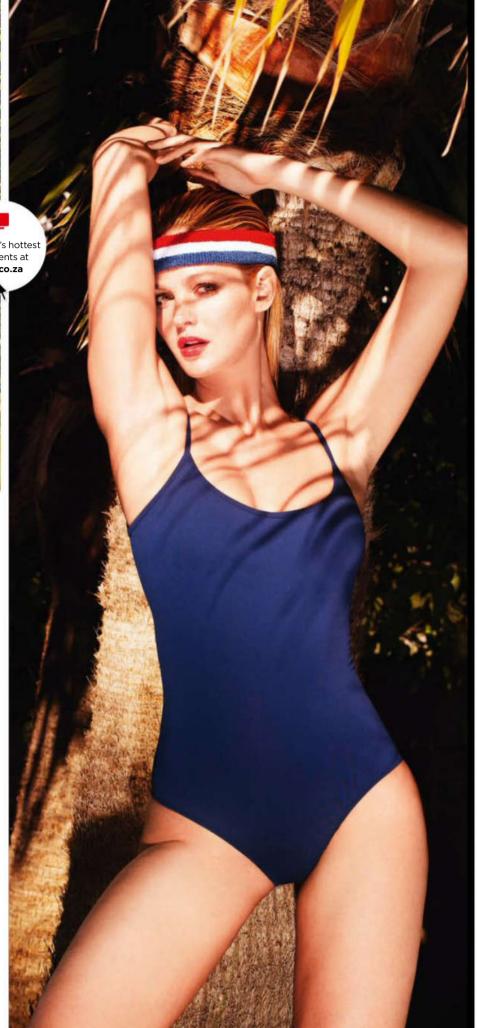


campus when a booker offered her a modelling contract. Her next flight took her to New York, where two days after her arrival she was signed to an agency and working actively for 17 different spring collections. 'It has been nine years now and I never would have thought that I would go so far,' she confesses.

Far from experiencing the loneliness that engulfs those who make it to the top, Erin has been having a lot of fun. She is a party animal. She tells us that Ibiza is one of her favourite destinations, that she loves bands like Aeroplanes and Plastic Plates and how frustrated she is that the beach braai/pool party combo is an idea that has yet to be invented. 'Why do I have to choose?' she exclaims. We'll get on to it as soon, Erin, as we've broken away from your spell.

Now, into the second half of her twenties, she has a new obsession in Australian producer Felix Bloxsom's music. Her goals are set thousands of miles away, where she wants to present a sports television show. 'I think I have done every existing sport. Thanks to this, I am a great team player and I like to think it played a big part in my success as a model.'

She also recommends that we follow her on social networks, as she has some news to announce. Let's hope, when we're far away from LA, we'll at least be able to share some tender moments on Instagram.





CONSPIRACY THEORY

In his fourth appearance as the world's most stylish special agent, **Daniel Craig** resumes battle against the forces of organized evil.

He tells GQ about the making of the latest epic

Photographs by Rankin

s he approaches his fourth big-screen outing as 007, Daniel Craig feels very comfortable in the role. He has made the part his own, rebuilding James Bond as a 21st-century hero, a man with great emotional depth to accompany his remarkable skill set.

'I am a big fan of James Bond,' begins Craig, 'and when I did Casino Royale, if I had been presented with a script that had lots of gags and jokes in it, I would have said, "No, I can't do this movie, because that is not my thing. I don't know how to do that." I can't pretend to be someone else, or to mimic someone else.'

Thankfully, the script for *Casino Royale* and the films that followed were very different beasts. 'It was very stripped back,' says Craig. Indeed, the decision to remix the James Bond cocktail for the Daniel Craig movies was a shrewd move, shaking up the franchise and stirring up the audience.

The world's most famous secret agent remains as popular as ever – *Skyfall* took over \$1.1 billion at the worldwide box office – and the interest in his latest outing, *Spectre*, is staggering. The second trailer for the movie, which was released in late July, notched up 3 000 views per second during its first days online.

'Hubris is the enemy of filmmaking,' notes Craig. 'To say, "Yes, we've got a great movie," would be foolish. But with *Spectre* I think we've done the best we could. That's pretty good. And when you consider who we've got in the movie and who directed it, it's a special collection of people.'

Spectre, which is directed by returning Skyfall helmer Sam Mendes, not only

'I have a lot of trust in Sam. I think we've put the money in the right places and we tried to make the best movie we could'

features Craig but also Ben Whishaw as Q and Naomie Harris as Moneypenny, two characters reintroduced to the series in the last film. Ralph Fiennes made an appearance in *Skyfall* and, in taking on the role of M, is set for greater involvement this time around.

'Sam is great at casting and he got Ben Whishaw into these movies, and Ralph and Naomie. We couldn't be better set with those three. I have a lot of trust in Sam. I think we've put the money in the right places and we tried to make the best movie we could. If you can't get excited about making a film with these people, you shouldn't be doing it!'

This time around, Craig, Whishaw, Harris and Fiennes are asked to join forces to defeat at least two thoroughly intimidating, and very different, villains. There is actor Dave Bautista, who plays the muscled henchman, Hinx, and also Academy Award-winner Christoph Waltz, who stars as his superior, the mysterious Oberhauser. Waltz's character in particular looks like another stellar entry into the actor's pantheon of memorable on-screen bad guys.

'Christoph has so much acting talent and we were so lucky to have him in the movie,' says Craig. 'I think he has done a wonderful job. The part is complicated and I can't really go into it. He has just done a wonderful job.'

French actress Léa Seydoux and Italian Monica Bellucci also join the all-star line-up as two very different, and very modern, interpretations of the classic Bond girl. Craig smiles. 'She's a consummate professional and brilliant and beautiful, and all of those things,' he says of Bellucci,





'What else happened in his past? That really informed the story. Each time, Bond is affected by what's come before. It's good to explore that'

choreographed Day of the Dead sequence. 'Also, there was Rome,' the actor adds, 'because of the way we were shooting. There were many, many moments. It did really feel like the first time again.'

This enthusiasm is endemic and both Craig and his fellow filmmakers have worked hard to make *Spectre* the best film it could be. 'Every day, we'd look at the script, and we'd say, "Okay, this is good. Can we make this better?" We'd work on the script on the set with the other actors, and we would try to make things better all the time. It was those sorts of challenges every day.'

For Craig, the past 10 years have proved an invigorating experience and he says

that he owes an awful lot to the longstanding custodians of the James Bond series, producers Michael G Wilson and Barbara Broccoli.

'I said to Barbara ten years ago that I needed the confidence to walk on set and to pretend to be James Bond,' says Craig, 'because I am not James Bond. I'm a long way off being him.

'But if I was given the confidence to be a part of what was going on and to input into what the films were about, and if we could collude and collaborate, then I could give it a go. And they were receptive. They opened their arms. I think they listened to me and I couldn't be happier with the way things have gone.'

NAOMIE HARRIS

RIGHT ON THE MONEY

Moneypenny has proved one of the Bond series' most popular characters, ever since she debuted in 1962's Dr. No. For director Sam Mendes, the character's reintroduction in Skyfall, where he cast English actress Naomie Harris, was a real boon. She had been absent from Casino Royale and Guantum Of Solace, and the filmmakers elected to set up the new Moneypenny as a field agent. In Spectre, she plays a pivotal role in both the narrative and the action. Here, Harris gives her take on the film

GQ: It seems as though trust, or a lack of it, is a major theme in this film. Is that right?

Naomie Harris: That is a massive theme, actually. There's a lack of trust going on in all sorts of places, like between the new M, played by Ralph [Fiennes], and Bond; there is total lack of trust there and even with Bond and the rest of MI6 there's a lack of trust. And so it is great for my character, Moneypenny, that Bond chooses her as the person to whom he is going to reveal his secret. He is going to ask for help from her as well because she is the one person that he does trust

GQ: In this film, are you out in the field or working in the office?

NH: I am working inside the office but I do go out sometimes. I like being behind the desk as well. It is not that boring behind the desk!

GQ: Did you do some special admin training?

NH: Actually, do you know what? Sam [Mendes] did ask whether I wanted to go on a typing course. I was like, 'No, thank you. Not necessary!'

GQ: Do you enjoy the fact that the women in these Bond films are very proactive?

NH: Yes. That is really important and I am so excited to see that because I think it would be an imbalanced story if it were just led by the men, and the women were just arm candy and didn't have anything to offer. It makes for a much more interesting and dynamic story if the sexes are equal and they both have something to offer. Also, there is this friction between them and an equality and respect. I think the audience prefers it, both men and women. No one wants someone who is too much of an easy kill, or an easy lay.



'There is always frisson between Bond and Moneypenny, because, ultimately, she is in love with him'

GQ: Is there much frisson between **Bond and** Moneypenny in Spectre?

NH: Of course! There is always frisson between Bond and Moneypenny, absolutely. And I think that is one of the fun things to play with in the role because, ultimately, she is in love with him. You really see that in this movie as well but she is too professional to cross

that line, as is he. She certainly wouldn't act upon it, and it is great to see how far you can push that.

GQ: How often have you been asked the 'did they, didn't they' question about Bond and Moneypenny?

NH: The thing is, everyone assumes they did. But we all know the history between Moneypenny and Bond, and that they can never cross that line. People think they did but, no, they didn't.

GQ: And who is your favourite Bond?

NH: My favourite Bond? Of course, it is Daniel Craig.

GQ: What about a retired Bond?

NH: Sean Connery. It is not the number of films he did. His magnetism, his power, his manliness and his strength, and the fact that you totally believe that he is Bond.

GQ: What does Daniel have that matches that?

NH: He has all of that but what you then add on top is his sensitivity and the heart and soul. Sean Connery's Bond is a love-them-andleave-them type of character, whereas Daniel Craig's Bond is deeper. He gets attached emotionally, doesn't he? You can really see that in Casino Royale where he gets attached to Eva Green's character [Vesper Lynd] and, when she dies, he is absolutely

devastated. That was the first Bond movie I ever cried at. It's really emotional, don't vou think, when she dies? Or is it just me? GQ: Do you think Craig has brought

more women into the world of Bond?

NH: I think so. Everyone that I speak to and who I tell I am doing Bond, they always ask about Daniel Craig. Certainly, every woman loves him. Absolutely.

GQ: Is he as impressive in real life as he is in the movies?

NH: Yes, he definitely is. He is Bond. He is very much like his character.

GQ: He says that he is nothing like the character...

NH: What! No way! Okay, well then, he has fooled me because he's the real deal. He is guite playful, though. Daniel has very much got the child alive in him and he has a great sense of humour, so maybe he's talking about that. Maybe he's talking about his goofy side, which perhaps Bond doesn't have.

GQ: Sam Mendes has said that one of the reasons he wanted to return was because of you, because he introduced you as the character. How do you feel about that?

NH: That really moved me, actually, because that's how I felt when I initially heard that he wasn't going to be part of it. I felt really upset because he did introduce us and I also knew that, in many ways, Spectre is a continuation of Skyfall. I knew that Sam had another story that he wanted to tell and that he knew the journey of our characters, and a new director wouldn't have been able to do that as well as Sam. So I am really, really glad that he is back. I love him because he is one of the best directors that I have worked with and he gives direction brilliantly. He instils in you a lot of confidence and I don't know if any other director coming in could do that, because it is a big thing to take on board. To take that on board and then to look after the egos of the actors is a lot. But Sam does it brilliantly. I think he's done a wonderful job with Spectre.

Bond girls

007's best leading ladies have skills of their own



Halle Berry



Eva Green



Michelle Yeoh



Denise Richards



Monica Bellucci

Check the tech

The Bond franchise set up the framework for spy films – and was the testing ground for some of our favourite future-is-now tech. Here's how the films inspired real-life devices. – NK

SMARTWATCHES

Bond's watches have always been, um, ahead of their time – now the biggest tech companies are getting us to add them to our wrists, too, like the **LG smartwatch**.







HEALTH/FITNESS TRACKERS

Casino Royale saw 007 implanted with a microchip that kept a log of his whereabouts (hi, Google Maps), and his vital signs. Sound familiar? Check out the **Fitbit.**

FRAGRANCE FROM FICTION

OO7 Seven Intense won't make you an assassin, but it just might get you the girl. Or at least, hopefully, a few steps closer.









SMART PHONES, SMART KEYS

In *Tomorrow Never Dies*, Bond uses his Ericsson phone to drive his BMW 750iL; the brand's new 7 Series gets a **self-parking system** operated via key fob.



ASTON MARTIN DB10

A celebration of Aston Martin's 50-year relationship with the Bond franchise, beginning of course with the eternally beautiful DB5, the DB10 is the most exclusive Aston Martin made – just ten units were built, and exclusively for the film. Sam Mendes even had input into its design, working alongside AM creative chief Marek Reichman.

Like unique concepts before it, the DB10 is the harbinger of AM's relaunch. It takes familiar AM cues leaps forward with its fluid profile. Specs are scarce, as are details around the Q-specific tech, but it's rumoured to do 0-100km/h in 3.2 secs - which is, coincidentally, the same amount of time it takes for the average man to reach full mast at the sight of this thing.

Flip the script

Spy movie fatigue? We pitch three new Bond film genres

BOND AS A
ROMCOM: 007
gives up the spy
life for good,
becomes a painter
and meets the
love of his life in
the English
countryside who, it turns out,
is a spy.

BOND AS A PSYCHO-

THRILLER: MI-6, the cars and the girls - it was all an alternate existence created by the mind of a timid accountant who's been in a coma for 50 years.

BOND AS A
HORROR: Bond
died in 1957 and
has existed as
a spirit, revealing
itself through
different hosts
to villains by
appearing to them
as the one thing
they're most
afraid of. - NK



SPECTRE

Directed by Sam Mendes; with Daniel Craig, Christoph Waltz and Monica Bellucci

Carrying on from the repercussions of the events of Skvfall. Bond discovers his connection to a global sinister syndicate called Spectre (last seen in 1971's Diamonds Are Forever). As always, Craig brings the perfect balance of brutish intensity and impeccable charisma to the role. However, a point could easily be made that this film truly belongs to the antagonist played by Waltz. Bellucci not only has plenty of sex appeal, but brings so much more to the screen in a franchise

which historically treats women as ditsy playmates. While some argue about the strong plot similarities with the latest Mission: Impossible, it should not be forgotten that the evil global organisation always was (and will very likely continue to be) a staple not only of the Bond franchise as a whole, but is a staple in the spy thriller genre.

Mendes delivers a film that is as much brain as it is brawn; an incredibly shot piece perfectly enhanced by Thomas Newman's impeccable soundtrack.

- Evert Lombaert Released 27 November



JAGUAR CX75

Driven in the film by the character Hinx, the CX75 concept's body prowls into McLaren P1/Porsche 918/La Ferrari territory with a superand turbocharged engine mated to two electric motors that together direct 663kW and 1000Nm of power to all four wheels.



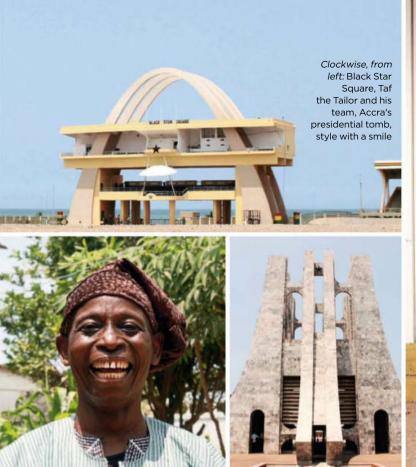
LAND ROVER

The outgoing Defender gets the most off-road treatment of all in *Spectre*, outfitted with 37-inch tyres and enhanced body protection. It's joined by the Range Rover Sport SVR, the fastest and most powerful model the firm's released to date. **- NK**





THE NEW INTENSE FRAGRANCE FOR MEN #00SEVEN





LET'S GO TO GHANA

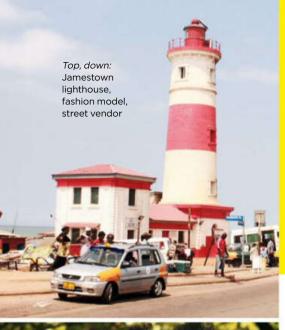
But you'll find it very difficult to come home -

Words and photographs by Jason Alexander Basson













elcome to Accra – the star of West Africa – where the pap is sour and the air smells like hot salami; where tiny goats (the domestic animal of choice) skip freely across heavily congested roads; and where everybody – from the bottle store owner to the guy who won *Big Brother Africa* – is a part-time fashion designer.

It is a proud and patriotic city with the fastest-growing population of millionaires in Africa. Accra is also densely punctuated with smiles and charismatic style, despite the looming Stalinist architecture of its government buildings, the strange insensitivity of its ultra-lavish super-churches, and the often squalid conditions that many people find themselves living in (sometimes right next to a church).

Artistically, it's also one of the most progressive African countries, with artists from El Anatsui (Jack Shainman Gallery and the Venice Biennale) to Paa Joe (Jo'burg Art Fair) finding audiences and recognition in art capitals around the world.

y official reason for travelling was to be part of the celebrations surrounding the inaugural launch of the new SAA flight route connecting Accra to Washington – a significant occasion for Ghana and for the African continent as a whole, not simply because of the prospective business opportunities it might afford the country and continent, but also because of the wealth of tourism it could bring to the central and western parts of Africa.

Unofficially, I have always been determined to visit Ghana, and not just to soak up the sights, sounds and sunshine (of which there is an abundance). Ever since my interview with Ozwald Boateng for the inaugural issue of GQ Style South Africa, Ghana has been a place of great sartorial and cultural interest to me. It is, after all, the nation that gave birth to one of the greatest African tailors in the world, along with Virgil Abloh – personal stylist to Kanye West, designers Casely Hayford and Bee Arthur (the designer).

It is also a country blessed with a rich history of symbolic textiles, traditional costume and European tailoring (perhaps one of the few colonial legacies worthy of praise), all of which is still alive today.

I distinctly remember Ozwald describing a scene from his trip. He was visiting Jamestown – among the poorest neighbourhoods in Accra and a site of deep historical significance. Once a thriving fishing community, it quickly disintegrated under the weight of the slave trade during the country's colonial occupation. Two abandoned slave prisons and a crumbling lighthouse serve as a

sobering reminder of this past. Sadly, upon being freed from slavery, many Ghanaians who returned to Accra faced rejection and further displacement. This township became their home. To this day, that sense of displacement is reiterated through the debilitating poverty that enshrouds the Ga people who still inhabit Jamestown.

hen Boateng visited, he observed a young boy from this community standing by the roadside waiting for the school bus. The boy was beaming with joy, proudly flaunting his pristine and perfectly ironed school shirt, despite the fact that he was living in the filth and decay of this 'settlement'. He was a vision of dignity in the face of adversity and in many ways a metaphor for what I would come to understand about the people of Ghana.

Taking the city in, it's impossible to ignore how beautiful and poised the Ghanaian people are. The King of Ghana, who also had a hand in the celebrations, was swathed in the most exquisite hand-woven fabrics and followed by an entourage carrying a vintage parasol. His wife, whom I sat next to and shared a glass of bubbly before discovering her royalty, was the pinnacle of African chic – both modern and traditional.

One of the porters at the stunning five star Labadi Beach Hotel I visited was among the best-dressed men I have ever laid eyes on. He also happened to be a part-time fashion designer. Even the sex workers who chased me back to my hotel every night carried themselves with remarkable grace. >>

It's impossible to ignore how beautiful and poised the Ghanaians are. A porter at my hotel was among the best dressed men I have seen. Even the sex workers who chased me back to my room every night carried themselves with grace

Walking through the streets of Accra – and it must be noted that I was very comfortable doing so – the most dangerous or annoying encounter I had was being hit by a wet plastic bag. You will not find a person drunk or disorderly on any street corner, no person dressed in filthy tatters, and not a single man or woman begging for money. That's not to say you won't be taken for a ride.

y impression was that Ghanaians are people of trade. So while you might go to Accra hoping to get a deal on anything from a tailored suit to a bit of carpentry, they are not afraid to bargain back – politely, but unreservedly – because everybody has something of value to offer and nobody 'expects' a free lunch.

And speaking of offers, if you're partaking in Accra's nightlife (which you really shouldn't miss) it's not uncommon for somebody to offer you the customary five grams of cocaine, or to stumble through a cloud of green smoke. You're better off sticking to the coconut moonshine or quarts of Star beer you find at the local bars. While a few Ghanaians are partial to a bit of *ganj*, the majority are opposed to drugs of any kind (for religious reasons). Fail to heed this advice and you'll probably get mixed up in a police scam, where you will be made public example of.

The nation is simply invested in a shared set of values and a common goal (largely influenced by a strict adherence to religious and political doctrine). Very few people smoke. In fact, it is illegal in public. On that note, Accra is probably the best place in the world to vacation if you're giving up. People look at you as if you're stark raving mad, even if you're sitting in a smoking section. And many people have reservations about drinking, too.

If there's one thing that I took back from Ghana (other than a suitcase full of fabric and street jewellery), it's the knowledge (by sheer contrast alone) of how detrimental substance abuse has been in the marginalised communities of South Africa.

From personal observation, the word that best describes Accra is progress. I've travelled the world extensively, but it is still the only city where I have encountered a female urinal and one of the very few African cities that has a gay bar. It is still inadvisable to 'fly your flag' openly. One of



the journalists on our trip was chased down the beach by an irate man waving a stick. It isn't Uganda by any means, but the majority of Ghanaians still condemn homosexuality.

omen are a major driving force behind the economy. In fact, the launch of the SAA flight route, itself, mostly owes its success to a female-driven business initiative. In the retail sector, there is already a massive influx of foreign brands. The Accra Mall could be any shopping centre in South Africa, which meant it had less flavour for me than Accra's neighbourhoods, but still alludes to the fact that the country is attracting all kinds of businesses, brands and investors.

Most of the fashion designers, small fashion emporiums and street tailors in Ghana run their trade almost entirely off mobile or web platforms. Street fashion photography is a fundamental part of marketing these brands, so having a vast social media presence is essential, too.

Taf the Tailor (who showed at the beginning of 2015 at the first SA Menswear Week in Cape Town) is perhaps the most remarkable example of this. His brand first took off when he won *Big Brother Africa*. Since then, a number of scandals have kept him buzzing in the social sphere. He does well as a designer, but surprisingly the only shop he has is a little booth with a changing room and a sample rail attached to the side of his studio and house.

That's also why, for the most part, it's fairly difficult to track designers down in Accra. They're on the internet, but unless you connect with them there it's hard to find them. Public branding is also a very competitive space – mobile is quick, effective and convenient, which is where you'll find most of the designers.

The concept of a high-end fashion designer is also fairly new to Ghana, particularly among the menswear variety. It's only in recent years, following the success of Ozwald Boateng and a few other local breakouts, that men have evolved from street tailoring to menswear.

Speaking of the streets, Accra is filled with small fashion emporiums offering a selection of curated wares for the stylish

Accra is filled with small fashion emporiums offering a selection of curated wares for the stylish gent. My favourite is a little family owned shop called Prince's Fashion



Most of the fashion designers, small fashion emporiums and street tailors in Ghana run their trade almost entirely off mobile or web platforms

gent. My favourite is a little family owned shop called Prince's Fashion. They offer anything from three-piece suits to slippers, shirts and blingy accessories. Some of the labels are a bit dubious, but the prices are good and nothing is too 'flammable', if you catch my drift.

hat's also where the street tailors come in. You'll find a number of these dotted all over Accra – humble little father-and-son places that offer tailoring or garment-making services. From Prince's, simply pop down the street and have a new suit grafted to your body for next to nothing. You can also bring fabrics and have suits made from scratch.

You could travel to Ghana with your own fabrics, or you could buy some locally. The semi-traditional fabric of choice is a wax cloth similar to our *shweshwe*. You can purchase upmarket and more modern variations of this fabric at high-end fashion outlets like Woodin, where the clothes on sale are mostly just used to illustrate what your clothes might look like once you've made them yourself. Woodin also owns one of the last remaining fabric mills in Africa, so your money would go towards further employment.

If, however, you want to go for something more traditional to the Akan people of south Ghana, *kente*, a thick silk and cotton weave (and the fabric of choice for the king and his royal family), would make the most extraordinary coat, bomber, five-panel cap or even a moon bag.

Now, if you're anything like me, you'd want to know where to get the best shoes, and boy, do I have great news for you. I had the good fortune of meeting Fred Deegbe

Jr. He owns a brand called 'Heel the World', which first came to prominence during the 2010 Word Cup with Fred's collection of T-shirts and beaded bracelets – all black, save for one gold bead that symbolised the importance of struggling through adversity to find that single golden bead or moment of triumph. These sold worldwide and Deegbe and his business partners were able to use the funds to promote social development initiatives in Accra.

After the World Cup, Deegbe decided to change lanes and expand his business into bespoke leather footwear. Today, his business truly makes the most exquisite shoes and sandals I have encountered in Africa. In fact, many of his shoes are being shipped off to Europe to be sold under some fairly prestigious brand names.

t doesn't end there. He's married to
Duaba Serwe, a fashion designer who
also happens to be a *Vogue* young talent
award recipient. Deegbe and his wife plan
to collaborate on a menswear line soon,
and if it's anything like his shoes or her
clothing, it will be the most sensational
of men's fashion to come out of Africa.

Take my word: if you're heading to the US on SAA, stop over for a few nights for the time of your life. The city, surrounds and people will make you fall in love with Africa all over again. That, and it's a shopping haven waiting to be tapped. Sure, it's no stranger to 48-hour black outs and even water shedding, but hey, it's Africa – when it rains you throw on a plastic bag and call it a party.

SAA offers 6 flights a week to Accra with four weekly flights on to Washington

Ghana getaways

Put these places and spaces on your Accra to-do list



WHERE TO STAY

The Labadi Beach Hotel has two massive pools palm trees. Wi-Fi. air-con, room service, a gym, a fully stocked bar. a spa, conferencing venues, a tennis court, and the most glorious buffet at all times of day. It's also close to everything (including the airport) and has direct access to the beach.



music is good.



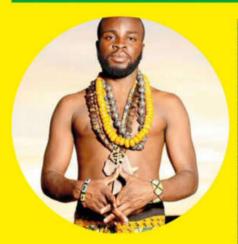
WHERE TO PARTY

You can go for the more upmarket venues, like Firefly Bar or Twist, but the 'ladyentrepreneurs' can get a bit savage there, and once one has tried her luck, the rest will descend on you like a pack of famished hyenas. Trust me – you want to head to places like Republic, where the drinks are cheap and the live

WHERE TO GO The Kwame Nkrumah Memoria

Nkrumah Memorial commemorates Ghana's first president, who led the country to independence in 1957. Walk through Jamestown to visit the lighthouse, beach and slave memorials and head to Makola Market. Aburi **Botanical Gardens** has a collection of giant cycads along with a crashed helicopter, and if that does it for you, head to La Tante DC 10 - an eatery inside a disused aeroplane that puts Cape Town's train restaurant to shame.

Be the first to like Six indie artists from Accra's underground scene



M.anifest

Born Kwame Ametepee Tsikata, M.anifest was exposed to a wealth of African music thanks to his grandfather. Prof JH Nketia. one of Africa's foremost ethnomusicologists. After earning a scholarship in economics at Macalester College in St. Paul, Minnesota, he spent 10 years there dabbling in a few collaborations with independent hip hop favourites Brother Ali and Atmosphere. He described his third studio album, Apae: the Price of Free EP, as his first album 'made in Ghana, inspired by Ghana, and provoked by Ghana'.



Accra [dot] Alt

Mantse Aryeequaye and Sionne Neely are the founders of the Accra [dot] Alt platform, which has initiated, empowered and documented much of Ghana's indie art scene. They are the organisers of the popular Chale Wote Street Art Festival, an annual event during which the community of Jamestown explodes into life with parades, performances, dance parties, markets and public art exhibitions,.

Dark Suburb

Ghana's first ever rock band, Dark Suburb is on the rise with its mix of dance-worthy ballads, Ghanaian Afro-rock, pidgin phrasing and blazing guitars. The band's mythology about its origins reveals their attitude to the mainstream music industry. The band's members claim to have been 'invoked back to life' by lead singer The Priest who, dissatisfied with the music industry at large, travelled to the underworld to seek worthy parties to rejoin the land of the living. Off the back of an arresting opening at the Vodafone Ghana Music Awards, the group is set for a year of well-deserved fame following the release of its latest EP. The Awakening.



Ofoe Amegavie

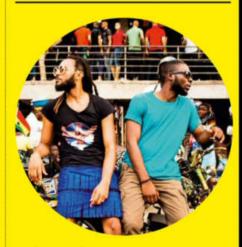
Ofoe Amegavie expresses his emotions through photography. You see it in the moods and themes that he chooses. He's an artist. He explores the journey of feelings through his collections. He's also a very talented fashion photographer and Studio of Colors is literally all over social media.





Steloo and Yaw P

Steloo and Yaw P have single-handedly created a cult following for EDM (electronic dance music) and house music in the city of Accra. They have released individual projects through their Guy Guy Beats label. They're also co-founders of the Accra House Music collective (along with Jason Kleatsh), which has been responsible for some of the most active house-music gigs in Accra for over five years. They are each uniquely talented and together their music complements the other. Steloo and Yaw P are leaders of the new school right now.



Fokn Bois

Music duo Fokn Bois created a large following of young Ghanaians based on their unique ability to speak truth to power. That boldness to speak freely has really only been reserved for the folks at the top of the economic structure. They call out the contradictions within Ghana from religion to sex to politics. For that, we always have major love and respect for their artistry as Fokn Bois but also individually as Wanlov and M3NSA. [60]



RENEGADE

Johnny Depp is still living by his own rules
Words by Glenn O'Brien

ith a painted, aged, pirated, overly tanned, or overly ridiculed face, Johnny Depp has created some of our favourite film characters through an 'accidental' career that has spanned nearly thirty years. French scent manufacturer Christian Dior took notice and Depp's face is at the front and centre of the brand's first men's fragrance release in ten years, Sauvage. Here, he talks about how his music led him to acting and the friends he's made along the way.

GQ: Why, of all the things that you could have done, did you choose to do a campaign for Dior? Was it the name Sauvage?

Johnny Depp: I don't know much about fashion, only in the sense that I know a kind of feel or, you know, the look of something, or the aesthetic, I suppose. And with a scent, which is a very personal sort of thing for people, Dior has done something that's... unique; very special. Something that feels singular. Also, there's an elegance to Dior. There's a kind of gravity to Dior. Sort of wild, sauvage, on the edge a little bit. The word sauvage... it's something that means a lot to me. The idea that a *sauvage* is someone who doesn't compromise their way. Renegade is a good word. Renegade. I think renegade probably would connect more with the French idea of sauvage.

GQ: You made a film with Dior and Jean-Baptiste Mondino. Did it remind you a little bit of Jim Jarmusch's Dead Man? It's kind of a vision quest thing, right?

JD: Yeah, it did remind me of *Dead Man*, in a way that *Dead Man* was Jim's long cinematic poem. Jim can only do that because he has managed to sort of stay outside himself. You know? There's a

handful who can stay outside. I've found that doing this short film, especially with photographer and director Jean-Baptiste – who is also very poetic – was satisfying in the sense that there was a luxury here, in this shoot, of not having dialogue. So I found that... yeah, working with Jean-Baptiste, with all his imagery, made it even more personal.

GQ: You've never worked with Mondino before?

JD: No. But I've known him over the years. We talked a bit about doing a movie a million years ago, and he's also very close with Vanessa [Paradis]. So yeah, I had heard when you work with him, you're going to fall in love with him instantly. I had fallen in love with him weeks before we rolled the cameras. Maybe a month, maybe a couple of months. He's instantly lovable because he's constantly pure.

GQ: He's a real fugitive.

JD: I told him that we should do a silent film; a silent film where the sound becomes possibly the most important thing. Almost like you'd have to study old-time radio. But yeah, shooting with Jean-Batiste felt like freedom, really. It was freedom. It was liberty.

GQ: In America, when you say 'savages', it refers to someone like Tonto, whom

you played in *The Lone Ranger*. Did you have issues how it was received? JD: No. You mean about how it had been treated?

GQ: Well some people went on about whether you do or don't have native American blood and all that stuff that ends up at 'are you qualified to play a native American?'

JD: I was, luckily, treated very respectfully by the majority of the Nations... all the Nations that we worked with, especially the Comanche, who adopted me into the Comanche Nation. The chief said he wanted to do it because I have native blood in me... so he said, 'I want you to be a Comanche.' I was adopted by this wonderful woman, Ladonna Harris. With The Lone Ranger, it was important that all of the humour was in there, all the gags... but it was also something very personal to me, because I wanted to make a statement, in a way, about how I still maintain these lovely relationships with the Comanche, with the Navajo. **GQ: But the character Tonto seemed**

GO: But the character Tonto seemed like it was your sense of humour. Sort of the outcast of the outcasts.

JD: Exactly. Yeah, he has a strange kind of physicality and humour. I knew that there was no way that we could get away with the Lone Ranger saying, 'Hi-ho, silver,' without Tonto making some adverse remark immediately after. That's the kind of shit that makes me laugh, so I do it.

GQ: You've got a lot of musical talent.

Were you always into the slide guitar?

JD: Yeah. I mean, I was always sort of >>



fascinated by slide guitar, and especially that old blues stuff. Mississippi stuff. Then from that pure acoustic stuff, you get into the kind of raunchiness of, you know, Hound Dog Taylor, Junior Kimbrough and obviously all those greats in between – John Lee Hooker, Lightnin' Hopkins. So yeah, I was always a big fan of slide guitar. I think, probably, the moment I knew that I would never really be a good slide guitar player was listening to Ry Cooder, ironically, and Johnny Winter's version of 'Highway 61'. The live version of 'Highway 61'. The live version of old blues licks.

GQ: How did you wind up being an actor instead of a musician?

JD: [By] pure accident, and then having no choice. Only in the sense that rent had to be paid. I was, yeah, a struggling musician. You know that cliché story – come to Hollywood for the record deal. And so we came out from South Florida and arrived in LA. We knew we were in the wrong spot. There were all these big hair bands, it was all that sort of deal. We weren't quite ready for that. Therefore, record companies weren't looking for some kind of, you know, punk pop, whatever... it was really all about sort of Motley Crue and...

GQ: Guns n' Roses?

JD: Guns n' Roses. Most of them had the same hairdressers, I think.

GQ: They called them 'hair bands'.

JD: Hair bands, exactly.

GQ: So what did your music sound like?

JD: I think ours was more like... the closest would be probably, like, Elvis Costello or The Clash or kind of – almost similar to – The Libertines. And yet, when we came out here, nobody was interested. We'd get a gig here, a gig there – it was pretty low-down days. I was told by a friend that he had an agent he thought I should meet and he said he felt like I was an actor and I should pursue that – that I should go meet his agent and, you know, see what happens. So I went, and she sent me for an audition,

So weirdly, I never really made the decision to become an actor. It was really, especially the first four or five gigs, just to pay the rent. I couldn't have given a rat's ass about movies. I was a musician, I was a guitar player and that's what I wanted to pursue. But this business stuff happened, and thirty years later, somehow I'm still here. Weirdly.

and I got it. The first film was Nightmare

on Elm Street. That was 1984, I think.

GQ: You've done a lot of recording.
Is there a Johnny Depp album waiting in the wings?

JD: No. I couldn't...

GQ: Or are you a sideman now?

JD: I've always preferred that. I have friends that I get the chance to write with and record with. Stuff you can't put your head around. Playing opposite McCartney. What is nice for me is I have this weird second life, you know, where there is no character, there is no talking, there's no nothing. There's just direct from wherever, brain or heart or whatever, through the veins down to the fingers, and, you know, stuff happens - music happens. So I've always loved the organic quality that music has. Also, nothing is ever the same twice a solo or a riff. It's a direct shot from the centre of your being, from your feelings straight to the fingers. So yeah, it will always vary, I suppose.

'I was always a big fan of slide guitar. I think, probably, the moment I knew that I would never really be a good slide guitar player was listening to Ry Cooder, ironically, and Johnny Winter's version of "Highway 61". So yeah, I'm kind of stuck doing blues'

GQ: Do you think that the spontaneity of being a musician makes you a better actor? You've said that you don't watch your films. I guess that's so you don't overthink it, right?

JD: Definitely. Because there's no going back. You've got however many tries or takes to get where you want to get, but also it's your life.

When I was a kid I so desperately wanted to play the guitar that, at the age of 12, I got a \$25 guitar and basically locked myself in my room for a year, learning, looking at photographs of chords, listening to records. And so I guess I developed a musical ear. I guess it makes it easier, in a weird way, to grab some element of someone. It's like picking ingredients for a character.

GQ: Many musicians, especially rock musicians, seem to play in character.

JD: Yeah. That's true. In character and organically. I think my approach to my current work is pretty much the same as the way I approach playing. Like I've said before, never do nothing twice. Challenge yourself each time to go further. Make weird noises. I guess... [laughs].

GQ: What characters that you played do you feel are the most like you?

JD: Well, the scary thing is, they're all still in there. I don't think that it's normal to have so many different personalities in there. Weirdly, I would say it's a combination of Edward Scissorhands and Captain Jack. I'd say that's probably the combo platter that is closest to me. There's nothing I adore more than irreverence and Captain Jack... that's the luxury of playing that character. You can be as irreverent as you want, and people will laugh. They don't care. Edward... I just remember reading that script and I connected so deeply to the purity of the character. It reminded me of a dog that I had - that unconditional love of a dog. There was real safety, like there is in playing Captain Jack. There's real safety in that irreverence and studying to be Edward, there was safety in that purity.

GQ: What about Hunter Thompson? Had you met him before you played him [in *The Rum Diary*]?

JD: Yeah. Weirdly, we were friends before.

GQ: How did you meet him?

JD: It was a mutual friend. I was in Aspen this one year, and he just said, 'Hey, come on down to the tavern. I'll call Hunter and he'll come down.' So I went and met some friends over there and we're hanging out and the next thing I know the front door opens and all I saw was the seas parting... because of electricity. He had a cattle prod and a taser and was screaming, 'Get out of my way, you bastards!' Classic Hunter. He introduced himself, and thus began the love affair of madness. Boy, talk about irreverence, man. Hunter was the king of it.

GQ: You'd read him before, right?

JD: Yeah. I'd read most of his stuff. There's only maybe a handful or less of writers that really, really made me laugh out loud, like Terry Southern. Hunter was one of them for sure. So yeah, I was excited to meet this great writer that I'd admired for so long. By the end of the night, after going to his house and building little bombs with propane tanks and nitroglycerine, we went outside in his yard and we shot them and they blew up and there was shrapnel and madness. From that moment on we were like best friends. Beautiful.

GQ: Did he critique your performance of him?

JD: He always called *Fear and Loathing* his 'Vegas book.' So he said to me, 'Are you interested in doing the Vegas book?' I said, 'Wow. Sure. Of course.' There was a moment in New York. He was staying at the Four Seasons and we were in his room and I said, 'You know, Hunter, if this goes down and I end up playing you in the film, there is a very good chance that you will hate >>>



me for the rest of your life.' And he said, 'Well, that's a chance you'll have to take, isn't it. Haha.' Evil fucker. So I did it, got his blessing and after the film was edited and all set-up they screened it for Hunter in Aspen. I was flipping. When is he going to appear at the theatre and what time? The phone rings; it's Hunter. I say, 'Yeah, do you hate me?' And he said, 'Jesus Christ, man, no! It was an eerie trumpet call over a lost battlefield.'

GQ: That's a great line.

JD: It killed me. Yeah, that line floored me. GQ: How was your experience working with Jean-Baptiste Mondino?

JD: He made that journey work from the kind of madness and cacophony of LA and its sounds... then to the desert to the cacophony of silence, you know. Yeah, I thought he was superb. I was amazed. Really amazed. I trusted the narrative and I trusted his vision.

One of the things about the Dior thing... I've never really done anything like this but I think certain arts are in danger of being lost. Certain kinds of experts and craftsmen and all that. They're dying out, because the digital age is upon us. There are certain arts that must be done by hand. The idea of having the knowledge to put various scents together to create a unique scent – that, to me, is an amazing art.

GQ: It kind of parallels what's happened in the art world, too. The craft has gone out of it. It's all about conspicuous consumption.

JD: Yeah. Well, it's like anything. Television has, I think, various shows on Netflix and things... this brilliant writing, all of this information that has to fit into whatever it is. Fifty five minutes or something... shows like *The Newsroom*. Television has become as artful as cinema.

GQ: Breaking Bad was almost, like, Shakespearean at times.

JD: Oh man, and *The Killing*. Doing this film with you guys was... well, I found it liberating. I felt a connection to it. Having had this experience is weirdly like going back to your roots, and rediscovering things about yourself. I guess it was almost more musical than strict cinema, you know... there was nothing strict about it. It was just sort of joyfully free. So I would equate that closer to what I was saying earlier about music – that form.

The thing I love about silent movies is they don't have the luxury of words. Lon Chaney Sr was one of the finest actors I've ever seen.

GQ: You were talking about how you couldn't live in New York any more because of being recognised. Burroughs said: 'The secret of



invisibility is you see the other people first.'

JD: Genius. Cocteau said a really great one, too. He says, 'The more you look at me, the more I disappear.' I thought that was really beautiful.

GQ: Do you have any thoughts or have something that you want to say about the sense of scent?

JD: Oh, smells [are] like music – in the very same way that music can take you back to a very specific time or a place or a moment, a scent is just as immediate. So yeah, I can smell, for example, like some old-school very inexpensive drugstore cologne – I don't know, whatever it is – and really, truly appreciate those smells because it takes me back to my grandfather. Special moment.

So yeah, capturing moments, whether it's through memory or emotion or scents – there's something very interesting about this very organic, yet down-to-a-science approach at concocting a scent. And then, as we said, it changes on different people. It mixes with their oil. I appreciate that art.

I also think that there are kinds of moods. There are days where a particular scent kind of matches what you're feeling emotionally. I suppose it's very old-school in a way that I appreciate... the same way I appreciate that craftsmanship. It's old-school too, like the scent memory that I have of that time with my grandfather through the smell of his aftershave. The same with having, like, this one scent that is just you. You just stay with it. You keep it in your life.



POLO

- SINCE 1976 -



Drink Responsibly. Not for Sale to Persons Under the Age of 18.



or on the street. Meet South Africa's style icons.

Photographs by Antonia Steyn. Creative Direction Aiden Steenkamp. Fashion Director Michael Beaumont Cooper

IN ASSOCIATION WITH



Jior

SAMSUNG





OUR OFFICIAL MEDIA PARTNER





J'SOMETHING

ONE MAN BRAND

GQ: GQ turns 15 this year. What were the most defining moments of the last 15 years of your life?

J'Something: Damn, where do I begin? Five years ago I started this band called Mi Casa and look at us now - worldwide tours and we're on our third album. Our previous albums both reached double platinum, so hey, that's been pretty defining in terms of moments in my life. From that everything else flowed. I feel I haven't forced anything onto myself and onto people - I've just been me, which is easy. Then there was this time I posted a plate of food I had prepared at home on Instagram. From that, I've had two cooking shows on TV, I've hosted over 12 cooking classes this year, and I have a production company called Something's Cool, which is doing some pretty crazy things in TV.

GQ: Why do you think you were chosen as one of GQ's Best-Dressed Men?

Js: I think from what I have gathered from the previous GQ Best-Dressed campaigns is that it's not just about what you wear, it's about one's lifestyle. The things I wear speak a lot about me. But primarily I think I have been chosen because I have got a sense of style and have build a reputable brand around myself.

GQ: Describe your least favourite look or decade of style in men's fashion.

Js: Denim on denim. I've never been one for it.

GQ: So what does it take to be worst-dressed?

Js: [Laughs.] White PT shorts and a rugby shirt?

GQ: Where's the best suit in SA from?

JS: Omar from OS Man Fashion. He's a G.

GQ: What do you want to see happen to South Africa in the future?

JS: Just growth to be honest. A higher level of understanding, given where we come from as a nation and also an equal or greater understanding of where we going. We have so much room for growth.







GQ: What does GQ mean to you and what role has the magazine played in your life?

Trevor Stuurman: GQ represents aspirations and empowerment. Growing up as a style-conscious kid I've always aspired to be feature on GQ. Now we are here. GQ has allowed me to dream.

GQ: What mark do you want to leave on the world? TS: To be an advocate

for change in the local fashion industry.

GQ: Why do you think you were chosen as one of GQ's Best-Dressed Men this year?

TS: I'd say it's my Afrocentric style.

GQ: Complete the sentence: 'A gentleman knows...'

TS: That timing is everything.

GQ: What makes a man?

TS: My mother always said manners maketh. So I'll stick with that.

GQ: Where's the best suit in SA from? TS: Chulaap.

GQ: Who's the best South African designer? TS: Laduma Ngxokolo

GQ: What were the best things about South Africa in 2015?

Ts: The best was Trevor Noah and *The Daily Show*. Oh, and the Clive Naidoo video.

Zara Man jacket, shirt. Tiger of Sweden trousers. Zara Man tie. Simon & Mary hat. Skagen at Watch Republic watch. Zara Man shoes.

NOVEMBER 2015 **GQ.CO.ZA 115**

SAMSUNG

Dual edge display. Just got bigger.



Galaxy S6 edge | S6 edge+



GQ: What does GQ mean to you and what role has the magazine played in your life?

Antonio Ambrosio: As a young man growing up, GQ helped shaped my sense of style. In particular the GQ Style issue which featured Ozwald Boateng on the cover prompted my confidence to use colour and broaden my knowledge on different fabrics to create emotion in my designs.

GQ: What were your most definitive moments of the last 15 years?

AA: The first was having to accept the reality of not being able to further my education and attend university, due to family circumstances. Not having access to that platform of education, I feared I would lack confidence and my growth would have been restricted. Thankfully, experience turned out to be the best teacher. And secondly, the experience of having to be creative and turn to my strengths, rather than blaming my circumstances. For example, being able to incorporate my passion for fine art into my upcoming brand.

GQ: What mark, if any, do you want to leave on the world?

AA: I want to be remembered as an African man who bought innovation to men's fashion. I want to be considered as a man who had an amazing time living his life and who had great friends and family.

GQ: Where's the best suit in SA from?

AA: Antonio Ambrosio [laughs].

GQ: Who's the best South

African designer?

AA: David Tlale.

GQ: What wisdom guides you through life?

AA: My artistry is everything; being passionately obsessed with fine art guides my wisdom.

GQ: What do you want to see happen to South Africa in future?

AA: African fashion brands being celebrated more then international brands.

Antonio Ambrosio suit. TM Lewin shirt. Antonio Ambrosio. OTAA tie. Le Roux pocket square. Frédérique Constant watch. Magnanni at Spitz shoes ANTONIO ambrosio

BRAND MANAGER





Thrill instructor. The new Mercedes-AMG GLE 63 Coupé S.

www.everyterrain.co.za | #EveryTerrain













STYLISTS

GQ: What does GQ mean to you?

Wanda Lephoto: I think for the last 15 years of my life GQ has always been to some extent a style reference for upcoming menswear and lifestyle trends and forecasts, so it has played a huge role with helping me curate my own vision and executing it as best as possible from a sartorial point if view.

GQ: What mark do you want to leave on the world? Kabelo Kungwane: Inspire people to believe in themselves, and not to live someone else's dream. Follow your path and leave a good style reference for the younger generation, and also good storytelling for them to learn more about style - South African urban style in particular. I want to leave a mark of being proud of where you come from and not being embarrassed by your upbringing.

WL: I want to leave a physical and tangible style, design, and storytelling reference for my and future generations to come through print from magazines, books as well as curated installations through exhibitions. I also want to leave an online style, design, and storytelling reference through the internet that people can go through that will represent all my beliefs and values and my creative vision.

GQ: Complete the sentence:
'A gentleman knows...'
WL: Ubuntu.
KK: Respect and humility.

Wanda wears vintage suit. **Hugo Boss** shirt. **Stussy** hat. **Dr Martens** shoes

Kabelo wears **Sacis Ventanni** suit. Vintage

waistcoat, trousers, hat. **Adidas x Neighbourhood** shoes





Enjoy Responsibly. Not for Sale to Persons Under the Age of 18.







GQ: What does GQ mean to you? Jimmy Nevis: GQ has been the pinnacle of the modern man's guide to fashion for most of my adult life. I remember buying my first GQ when I was in high school - it was one of those items that made vou feel like a man; it had that 'cool' factor. **GQ: What were** vour most defining moments over the past 15 years? JN: Getting my degree was tough but rewarding. Opening for Pharrell was a moment that took years to achieve. Singing the national anthem at the Currie Cup Final 2014 was once in a lifetime. All of these moments have help me progress to the personal and professional life. **GQ: Complete the** sentence: 'In 2020 I'll be...' JN: On a sold-out world tour, with a Grammy Award, Frozen Yogurt probably living across three

Vintage blazer. Adidas jacket. Trenery shirt. Kim Gush trousers. Vintage bandana



Make the best of every terrain.

#EveryTerrain

You'll find the DNA of the legendary G-Class in a range of SUVs designed to meet the needs of a driver who knows what he wants. Whether you're looking for comfort, innovation, versatility, heritage or something sporty to express your individuality, we have the best and there is no alternative. Visit www.everyterrain.co.za

Mercedes-Benz

The best or nothing.









Dior

SAMSUNG





BUSINESSREPORT

INTERVIEWS JASON ALEXANDER BASSON PHOTOGRAPHER'S ASSISTANT ANKE LOOTS (CPT) GROOMING LAURA KINGMA AT ONE LEAGUE (CPT) AND RENTON WADE AT HOT **OPS (JHB)** ASSISTANT STYLIST **SHEENA** BAGSHAWE (JHB) VIDEOGRAPHER TYRON



1. J'Something Musician - Singer, MiCasa; Presenter, Something's Cooking 9. Jimmy Nevis Musician

Alan Shenton Musician - Guitarist, Zebra and Giraffe, Manager, Openroom Studios

Harness Hamese Photographer for Khumbula: Art Director

TolAss Mo Comedian

Cassper Nyovest *Musician*

Robin Brink Musician - Beatenberg

Tristan Du Plessis Designer, StudioA

Philip Kramer DJ and Producer

Andy Lund Photographer: Musician

Monna Mokoena Owner, Momo Gallery

Ricky Rick Musician

Simiso Zwane - Artist and musician Murray J Turpin Artist; Director of the Kalashnikovv Gallery



6. Daniel Crouse *Custom Clothier*

7. Kabelo Kungwane and Wanda

Lephoto aka The Sartists – designers, stylists

Tresor Junior Kankonda Owner, The

Hill boutique and Suit Africa

Chu Suwannappa Designer, Chulaap;

fashion editor, You, Drum, Huisgenoot

Theo Ngobeni Designer; stylist

and blogger

Sithembiso Mngadi Co-owner.

FruitCake vintage clothing

Bobo Ndima Fashion stylist, Boys of Soweto

Lukhanyo Mdingi Designer

Linda Makhanya Designer,

LM Tailored Suits

Sbu Ngwenya Fashion/Business:

Sbu Socks

Siya Beyile Fashion Blogger/influencer



8. Jonathan Boynton-Lee Presenter, Top Billing & SABC

Thapelo Mokoena Actor

Colin O'mara Davis Creative Director at Pollen Media and Editor-in-Chief, Gaschette

Magazine

Thabiso 'Thabzy' Makhubela

Communications and branding specialist; radio broadcaster, YFM

Thulande Hadebe (Toolz) Managing

Director, Brand Ambassadors

Sylvester Chauke *Director - DNA Brand*

Architects

Kojo Baffoe Entrepreneur

Katlego Maboe Presenter, SABC

Justice Mukheli Photographer, I See A

Different You

Innocent Mukheli Photographer, I See A Different You

Vuyo Mpantsha Photographer, I See A

Different You

2. Trevor Stuurman Influencer & Photographer



3. Antonio Ambrosio Sales Manager,

Vertu: suit designer

4. Lex Leo Dentist (Dr Smile); musician

and model

10. John Sanei Strategist

Vivien Natasen CEO, Neo Africa

Ongeziwe Lupuwana Brand

Ambassador, Iameson

Zareef Minty *Law student/motivational*

speaker

Christiaan van Aswegen Architect.

Hours Clear Architects

Sam Fakude Entrepreneur



5. Teko Modise Footballer, Mamelodi

Sundowns

Francois Hougaard Scrumhalf, **Springboks**

Faf Du Plessis Cricketer, Proteas Itumeleng Khune Footballer,

Bafana Bafana

Hall of fame

J-Something joins the past decade's Best-Dressed Men



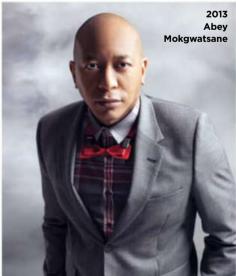


















130 GQ.CO.ZA NOVEMBER 2015











Face time: Peel back the years with a mask > Your no-sweat guide to staying dry > Sea scents

MASKED MARAUDER

Prepare and maintain your visage over the summer ahead with these skincare caviars



1. Sensai Cellular Performance Mask 100ml RI 200 2. La Mer The Intensive Revitalising Mask 75ml RI 550 3. Chanel Le Lift Recontouring Massage Mask RI 165 4. Black Pearl Age Control Pearl Peeling Mask 50ml R866 5. Dermalogica Super Rich Repair 50ml RI 050 6. La Prairie Skin Caviar Luxe Cream 50ml R5 290 7. Babor Reversive Anti-Aging Cream 50ml R2 785



With a temperature spike around the corner, guard yourself from dripping with embarrassment



















1 Dermalogica Purifying Wipes R240

The number of times these have saved us! Be sure to keep them everywhere to remove excess oil and prevent future breakouts.

Wiehl's Oil Eliminator 24-Hour Anti-Shine Moisturizer 75ml R339

Light setting, great smelling, and shine destroying, this is one of our favourite products from Kiehl's, and should be your summer moisturiser.



S Kiehl's Cross Terrain Dry Run Foot Cream 100ml R249

With a chilling feel and long-term dryness, this is for the athlete looking to keep his feet as cool as his kicks.

O Dr Hauschka Deodorising Foot Cream RSP R251

Control moisture and odour; this keeps feet dry, comfortable and fresh throughout the day.

6 Body Shop Peppermint Cooling Foot Spray R105

Like deodorant, but designed with your feet in mind.



(3) Issey Miyake Pour Homme Alcohol-Free Deodorant Stick 75g R445

A citrus aromatic classic that's perfect for the summer months, this doubles up in lieu of a spritz of cologne, bringing the beach to you.

Ø YSL Kouros Deodorant Stick R330

Kouros has been wildly popular for so long with good reason. The deo stick mirrors the EDT, with its animalic powers of attraction.

3 L'Occitane Cedrat Deodorant R285

The latest men's range from the French doesn't disappoint. Full of citrus, this deo leaves no stains and a fresh lemon-like smell.



The overachiever

Dr Hauschka Silk Body Powder R395

Used as a body and foot powder, mild deodorant and dry shampoo, this powder absorbs excess moisture and sweat, with gentian and oak extracts helping to cool and refresh, while the sage extract supports healthy skin.

FIFTY WAYS

to please your lover





Grape, Strawberry & Tutti-Frutti.

Which is your favourite?

For the individual of style





Dual tested to WHO & SABS standards.

LAMAR INTERNATIONAL (PTY) LTD Reg. No. 2012/195738/07 P.O. Box 4972, Tygervalley, 7536 T: +27 21 943 0600 | F: +27 21 914 2239 Email: info@lamar.co.za





GQ: How did your interest in water help you to develop Acqua di Giò for Giorgio Armani?

Alberto Morillas: I would like to tell you my experience with Mr Armani through the water, the sea and space. I was born in Seville, Spain, in a house with a patio in the middle of a city where it's very hot, so we dreamed of the sea all summer long. I discovered the sea through my dreams, a little like Mr Armani did, but from his houses, and from his boat. With a boat, it's different: you experience the sea. When you are in a house, you imagine it and you want to go to see it. You are lucky to be able to see it, but when you're on an island surrounded by the sea, the landscape is very much in your face.

GQ: How did you create Acqua di Giò?

AM: For the creation of Acqua di Giò, the innovation remained classic. We decided to choose the best bergamot; the most beautiful tangerine. We wanted to combine products that would conjure up an epoch, reminiscent of that freshness, that brightness. We took components like touches of lavender and rosemary – scents reminiscent of the Mediterranean. But what especially revolutionised this new

'When I open a bottle, I close my eyes and I see blue: the blue of the Mediterranean, the blue of California, the blue of the south, always blue'

freshness was the iodine: a transparent iodine, floral, with an easily memorised texture and depth. Associated with the famous cologne, it recalls the brine, the entire Mediterranean, the south – that is why people love this fragrance. When you open a bottle of Acqua di Giò, you immediately get the freshness, a moment of pleasure. When I open a bottle of Acqua di Giò, I close my eyes and I see blue: the blue of the Mediterranean, the blue of California, the blue of the south – always blue. At the time, what was novel was combining noble materials with others extremely technical in nature.

GQ: What went into Profumo?

AM: For this new creation, Profumo, I wanted to take the strength of Mr Armani's brand and express this figurative contrast: water, in fusion with the rocks. Mr Armani has always loved incense. It's a smell that he adores, which intrigues him, and this is why I wanted to associate

incense to create a mineral freshness supplied by cascalone, calone, hedione and paradisone, with very strong, very mysterious woods.



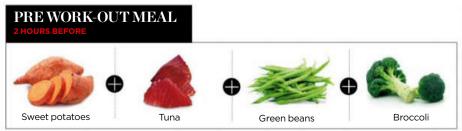


BOOST YOUR PECS APPEAL

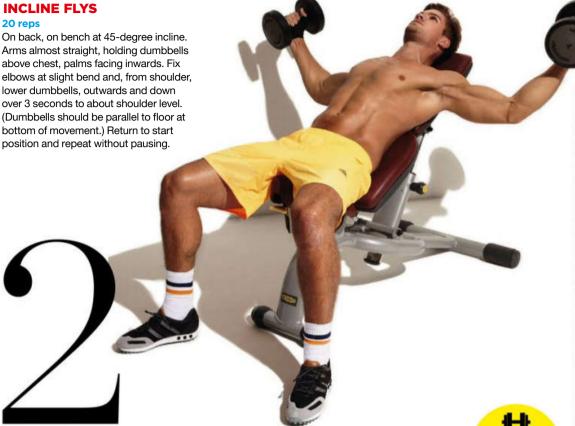
Power up your pectoral game by following this chest-expanding, fat-frying, shirt-button-popping work-out twice a week for four weeks

Words by Jonathan Goodair











BONUS HIIT circuit

WORKOUT A

- 3 x squat thrusts; 3 x bench iumps
- 5 sets
- 40 seconds rest between sets

Finally, using a lighter weight than normal, lean back and do lateral raises in reps of 10. From push-up position, put hands on weights bench. Jump feet-forward close to bench then back to start position. Repeat for 3 reps. Next, perform 3 jumps over bench with hands planted.

WORKOUT B

- 2 x burpees; 2 x star jumps
- 5 sets

Weekly

• 40 seconds rest between sets

From push-up position, lower body so chest touches floor. Return to start position and jump feet forward to hands, followed by 2 explosive jump-ups, reaching arms high. Repeat with 2 star jumps. Complete whole sequence 5 times. Rest for 40 seconds and perform 5 sets in total. For more information visit jonathangoodair. com 🚾

Get off your high horse

Weed may well be the new way to self-medicate - just ask your doctor (or dealer)

Words by Bart Blasengame

hen militant Rastafarian Peter Tosh wrote the song 'Legalize It', his red-eved mash note to marijuana, he wasn't envisioning a suburban 7-Eleven. Yet there inside a small shop in Washington, Tosh's dream is realised in a glowing green-and-orange cooler full of cannabis-infused energy drinks. Up the street, a boutique dispensary advertises fresh buds and a lengthy menu of doped-up tinctures, iced drinks and vegan truffles.

That ol' devil weed, once the gateway to drugged-out doom, now possesses all the menace of baby-faced One Direction. And the mainstreaming of medically sanctioned marijuana in the States has users singing its praises. Haven't you heard? Weed isn't just for getting high anymore. Cashew-milk-sipping, spandexshorts-wearing weekend warriors who worship at the altar of wellness now tout marijuana as a trendy cure-all. Wanna lose weight? Take a hit of vapour. Need antioxidants? Cold-press some cannabiskale juice.

'Let me throw some science at you,' says Sheridan Rafer, a starch-collared former personal trainer and the founder of the Institute of Medical Cannabis, a think tank backing legalisation in Florida. 'When you use [cannabis], it affects the system responsible for regulating appetite, mood and memory. People are using marijuana to bring themselves back to a balanced state.'

Getting stoned has always been about self-medicating - and for that you don't need a doctor, you need a dealer. It's called a high because you soar above reality like a magnificent intergalactic space eagle. When did we have to start citing things as

Whether you're getting high for your health or for the hell of it, marijuana isn't exactly



ambiguous and inescapable as stress or anxiety to have a good time?

'I don't think [the rise of medical use] necessarily takes the fun out of it,' says Cy Scott, the founder of the online marijuana encyclopedia Leafly. 'The high, the euphoria, that will always be there but we want to take marijuana out of the Dazed and Confused stereotype.'

Over the course of nearly 100 000 user reviews, Scott says he's seen demand rise for strains higher in cannabidiol (CBD), the nonpsychoactive element that aids in treating everything from inflammation to schizophrenia.

This, according to Scott, is the future of marijuana: scientists in a lab creating a drug that gets you less high. Who would want to live in a world like that?

No one is denying the medical upsides of cannabis. But a cancer patient ingesting pot brownies to stimulate his appetite is far more credible than Ben in accounting taking a break at the dispensary because he's got a bad case of the Mondays. Clark Cromwell, a production assistant from Hawaii, wrecked his back a few years ago and chose to treat his injury with edibles. But he admits that he mostly gets high for pleasure: 'It's about

After all, whether you're getting high for your health or for the hell of it, marijuana isn't exactly harmless. It slows the reflexes and fogs the mind. It can render your little swimmers loath to swim.

60/40. It depends on the day.'

Smoking it has obvious respiratory risks, and studies show that even vaping may be carcinogenic. Someone like addiction guru Dr Drew Pinsky - who recently said weed acts like a dependencycausing opiate - might suggest you're better off using an antidepressant to fight the sads.

But the reality is that life can sometimes be a punishing slog and there exists, for some, a magic serum to keep us from swerving into oncoming traffic. Why doll it up in hype and hokum?

'What are the alternatives?' asks San Francisco gallerist Mark Wolfe, whose 2012 article on stoned parenting earned him scorn in the media and high fives on the playground. 'Xanax? Booze?

'If we could all maintain the aspect of a Zen Buddhist monk, it'd be wonderful. But there's a reason they're celibate and live in monasteries.'



CHAIRMAN: S.I. Newhouse, Jr. CEO: Charles H. Townsend
PRESIDENT: Robert A. Sauerberg, Jr. ARTISTIC DIRECTOR: Anna Wintour

IN OTHER COUNTRIES:

Condé Nast Internationa CHAIRMAN AND CHIEF EXECUTIVE: Jonathan Newhouse PRESIDENT: Nicholas Coleridge
VICE PRESIDENTS: Giampaolo Grandi, James

Woolhouse and Moritz von Laffert

PRESIDENT, ASIA-PACIFIC: **James Woolhouse** PRESIDENT, CONDÉ NAST NEW MARKETS AND EDITORIAL

Karina Dobrotvorskaya

VICE PRESIDENT & SENIOR EDITOR, BRAND DEVELOPMENT: **Anna Harvey** DIRECTOR OF PLANNING: **Jason Miles**DIRECTOR OF ACQUISITIONS AND INVESTMENTS:

Moritz von Laffert

GLOBAL: CONDÉ NAST E-COMMERCE DIVISION PRESIDENT: **Franck Zayan** GLOBAL: CONDÉ NAST GLOBAL DEVELOPMENT **EXECUTIVE DIRECTOR: Jamie Bill**

THE CONDÉ NAST GROUP OF BRANDS INCLUDES:

USA

Vogue, Vanity Fair, Glamour, Brides, Self, GQ, The New Yorker, Condé Nast Traveler, Details, Allure, Architectural Digest, Bon Appétit, Epicurious, Wired, W, Style.com, Golf Digest, Teen Vogue, Ars Technica, Condé Nast Entertainment, The Scene

UK Vogue, House & Garden, Brides & Setting up Home, Tatler, The World of Interiors, GQ, Vanity Fair, Condé Nast Traveller, Glamour,Condé Nast Johansens, GQ Style, Love, Wired, Condé Nast College of Fashion & Design, Ars Technica

FRANCE

Vogue, Vogue Hommes International, AD, Glamour, Vogue Collections, GQ, AD Collector, Vanity Fair, Vogue Travel in France, GQ Le Manuel du Style

France, Gd. Le Manuel du Style

ITALY

Vogue, L'Uomo Vogue, Vogue Bambini, Glamour, Vogue
Sioiello, Vogue Sposa, AD, Condé Nast Traveller, GG, Vanity
Fair, Wired, Vogue Accessory, La Cucina Italiana, CNLive GERMANY

Vogue, GQ, AD, Glam

SPAIN Vogue, GQ, Vogue Novias, Vogue Niños, Condé Nast Traveler Vogue Colecciones, Vogue Belleza, Glamour, AD, Vanity Fair

JAPAN Voque, GQ, Voque Girl, Wired, Voque Wedding

TAIWAN

RUSSIA

atler, Condé Nast Traveller,

MEXICO AND LATIN AMERICA

Vogue Mexico and Latin America, Glamour Mexico and Latin America, AD Mexico, GQ Mexico and Latin America, Vanity

INDIA

Vogue, GQ, Condé Nast Traveller. AD

PUBLISHED UNDER JOINT VENTURE:

BRAZIL (Published by Edições Globo Condé Nast S.A.) Vogue, Casa Vogue, GQ, Glamour, GQ Style SPAIN (Published by Ediciones Conelpa, S.L.) S Moda

PUBLISHED UNDER LICENSE:

AUSTRALIA (Published by NewsLife

Vogue, Vogue Living, GQ **BULGARIA** (Published by S Media Team Ltd.) Glamour **CHINA** (Published under copyright cooperation by China orial) Vogue, Vogue Collections (Published by IDG) Modern Bride (Published under copyright cooperation by Women of China) Self, AD, Condé Nast Traveler (Published under right cooperation by China News Service) GQ, GQ Style

CZECH REPUBLIC AND SLOVAKIA

GERMANY (Published by Piranha Media GmbH) La Cucina Italiana

HUNGARY (Published by Ringier Axel Springer

Magyarország Kft.) Glamour ICELAND (Published by 365 Miðlar ehf) Glamour KOREA (Published by Doosan Magazine) Vogue, GQ, Vogue

Girl, Allure, W, GQ Style, Style.co.kr MIDDLE EAST (Published by Arab Publishing Partners Inc).

POLAND (Published by Burda GL Polska SP.Z.O.O.) Glamour PORTUGAL (Published by Cofina Media S.A.) Vogue (published by Light House Editora LDA) GQ

ROMANIA (Published by SC Ringier Romania SRL) Glamour SOUTH AFRICA (Published by Condé Nast Independent Magazines (Pty) Ltd.) House & Garden, GQ, Glamour, House & den Gourmet, GQ Style

THE NETHERLANDS (Published by G+J Media Nederland

THAILAND (Published by Serendipity Media Co. Ltd.) Vogue, GQ TURKEY (Published by Dogus Media Group)
Vogue, GQ, Condé Nast Traveller (Published by MC Basim **UKRAINE** (Published by Publishing House UMH LLC.) Vogue

irectory

WHERE TO FIND IT

Δdidas

011-484-2744 021-421-8262

Beachyheads

beachyheads.com

Bellagio Jewellers

011-883-2215

Ben Sherman

011-444-2270

Calvin Klein

021-418-0727

Cartier

011-666-2800

CJR Gift Sales

011-257-6018

Cloth & Label

011-326-5702

Cotton On 011-784-0218

Country Road

021-405-4300

011-784-0436

G

G-Star Raw

011-784-0321 021-421-8825

K

Kim Gush

082-431-1109

Luxco Importers

011-448-2210

Naked Ape 011-447-8888

NWJ Fine Jewellery

0861-111-695

Picot & Moss

011-669-0500

Pringle of Scotland 011-783-4355

R

Replay

011-884-6727

RLG Africa

011-317-2636

Rolex

011-784-9230

S Bacher & Co

011-372-6000

S Keren

021-418-0045

SDM Eyewear

011-334-7020

Simon and Mary

simonandmary.co.za Skullcandy

011-262-0399

Spaghetti Mafia 021-424-0696

Stuttafords

011-879-1000

021-674-1000

Superbalist

superbalist.com

Superdry

021-418-2748 011-784-0496

Superga

021-552-3012

011-608-0023 The Swatch Group

011-911-1200 021-421-0155

Т

Ted Baker

011-450-1156

Tiger of Sweden 011-684-2010

TM I ewin

011-214-7791

Toeporn 011-444-2270 Topman

011-685-7070 021-419-5900

Treger Brands

011-089-6000 086-122-0891

Trenery

021-405-4300

Tudor

011-784-9230

W

Woolworths 011-225-2000

Z

Zara Man

011-302-1500 021-446-8700



FRONT > ERMENEGILDO ZEGNA

DIAMOND WALK, SANDTON CITY, JO'BURG. 011 326 7767, ZEGNA.COM



Following openings in Egypt, Morocco and Nigeria, Ermenegildo Zegna makes its South African debut in Sandton City's Diamond Walk. The luxury menswear brand carries the Upper Casual and Z Zegna collections and offers the exclusive Personalisation and Su Misura services, allowing customers to select their own fabrics and finishing touches. [60]

TERMS AND CONDITIONS: All prices referred to are correct at time of print. Every effort is made to prevent typos and errors, but suppliers are ot obligated to honour incorrect prices, and all prices are subject to change at any time, at the supplier's discretion and without prior notice Competition SMSes are charged at R1.50. Free minutes do not apply; errors will be billed. Readers may enter competitions as many times as they wish. Employees of Condé Nast Independent Magazines (Ptv) Ltd and participating/associated companies and promotional agencies. contributors to GQ and the families of any of the above may not enter competitions but are allowed to subscribe to the magazine. Winners of competitions will be chosen, at random, after the closing date of each competition and will be notified within 14 working days of the draw. If the winner cannot be contacted within 30 days, an alternative winner may be chosen. Condé Nast reserves the right to forward entrants' details to competition sponsors. The judges' decision is final and no correspondence will be entered into after the winner has been chosen. Competition prizes are not transferable and no cash alternatives are allowed. By providing your cellphone number and email address you give Condé Nast permission to communicate with you on promotional, competitions and subscription offers through these channels. Acceptance of the competition prize/s constitutes consent to use the winner's name and photos for editorial, advertising and publicity purposes. The closing date for competitions is 30 November 2015. Delivery of prizes may be subject to delivery by the sponsors. Condé Nast is not responsible for late, lost or damaged mail. Contestants entering all competitions are bound by these rules and regulations.

The big problem with small talk

The big problem

Here's how to know whether you've fallen mindlessly into one of the boring conversations of the day – did someone say Banting? - and how to get out of every damn one

Words by Laurence Lowe

'WHAT SHOW

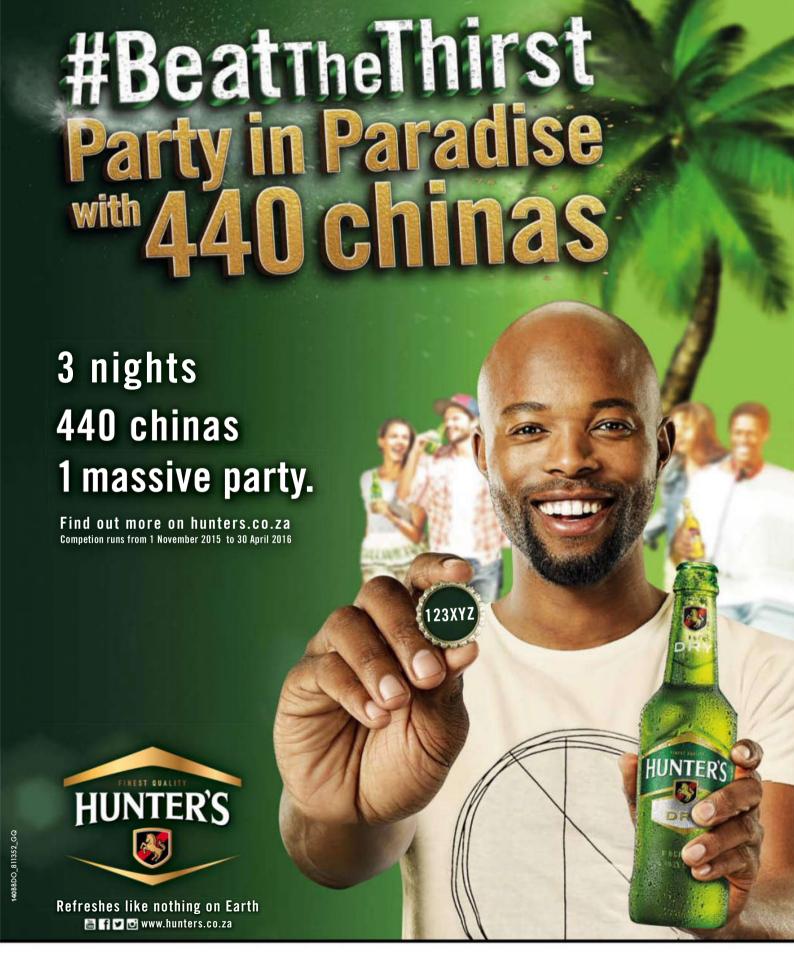


'I HAVE FACEBOOK OVERLOAD'





Past topic:	Movies.	Moving to Paris.	The evening news.	Recreational drugs.	'I'm so bored.'
Whom to engage:	Anyone with a TV (or laptop, tablet or smartphone).	Anyone who lives in one of these two cities.	Your peer group.	Friends and family.	Work colleagues.
Beware of:	The pedant who cites Tolstoy when talking about <i>The Wire</i> .	Anyone who lives in Bloemfontein. And Durban.	Teenagers.	Pregnant women.	Your boss.
Kickoff comment:	'What shows are you watching?'	'Cape Town will always be Cape Town, but Jozi's changing a lot. There is so much on offer in the city.'	'I'm thinking of deleting my Facebook account.'	'Have you seen Joel lately? He looks incredible! What do you think he did?'	'I'm so tired.'
When it's safe to tune out:	'We were late to watch The Jinx. My girlfriend had to catch up on House of Cards, and of course she would've killed me if I'd watched The Jinx without her, so I decided to give Nashville another chance – and it's gotten really good again! You just have to stick with it. Still, it's no Empire. Cookie's the best. Remember the bib scene? Boo boo kitty!'	'When you're in Jo'burg, you can feel the energy. Can't beat it for diversity. But it's so stressful! I feel much healthier in Cape Town, more active. Yeah, the traffic sucks, but if you live near your work and your friends, it's the best. I hear you on the wind and rain. But I can't deal with another Highveld winter. The last one was brutal!'	'I'm not really on social media. My mom used to leave comments on my Facebook page, so I joined Twitter. Now she re-tweets my posts. I'm on LinkedIn – I have to be for work. I'm also on Instagram. It's a purer experience than Facebook, y'know? I'm more of a lurker, but I post now and then – just so people know I still exist. Check it out: I'm up to 532 followers!'	'I've tried it all – Noakes, Atkins, paleo, Banting, the 20/20 diet, even the Noakes for kids. Now I'm gluten-free. It's been about a year, and I'm down two jeans sizes. Plus, I have tons more energy. It's because the wheat we eat now is making us sick! All that processing. No wonder so many of us are allergic. Don't do a juice cleanse, though. It's a scam.'	'God, me too. I am sooooo tired. I've been working nonstop. I can't even remember the last time I read a book. This morning, I fell asleep in the shower – can you believe it? Then I hit a wall in the afternoon and I really had to fight my way through it. I just have a lot going on right now. Business is booming. It's a nice problem to have, but still.'
'Curveball' response when someone thinks you're not listening:	'Do you think I should cut the cord?'	'They invented Cape Town to make you miss Jo'burg.'	'Ever heard of Yik Yak?'	'Then there's the danger of losing too much weight too fast. Loosens up the skin, and then you need to get a tuck anyway.'	'You should really try green tea. It's the perfect pick-me-up.'
The faux pas:	'I can't keep up. It's starting to feel like work.'	'Sandton is the Constantia of Jo'burg.'	'Why didn't you follow me back on Twitter?'	'I guess I was blessed with a speedy metabolism.'	'All I need is four hours of sleep and I'm good to go.'
The it's-a-wrap comment:	'NO SPOILERS.'	'What about Grahamstown, though?'	'We should live-stream this confab on Periscope!'	'Fuck it – I'm getting the spaghetti carbonara.'	'Sorry to cut things short, but I can barely keep my eyes open. Goodnight, everyone.'



Not for Sale to Persons Under the Age of 18.

SPECTRE

007

IN CINEMAS



JAMES BOND'S CHOICE

 Ω OMEGA

OMEGA SOUTH AFRICA 011.911.1200